John Cougar

拍數: 64

級數: Intermediate

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音樂: John Cougar, John Deere, John 3:16 - Keith Urban

S1: JUMP, JUMP, ROCK STEP, STOMP, ROCK STEP, SCUFF

- 1-2 Jump outside on both feet, jump in place on both feet
- 3-4 Jump rock back on right and kick left forward, return on left
- 5-6 stomp right beside left, jump rock back on right and kick left forward
- 7-8 Return on left, scuff right

S2: LOCK STEP, HOLD, SIDE ROCK, STEP, STEP

- Step right forward, lock left behind right, step right forward, hold 1-2-3-4
- 5-6-7-8 Left side rock step, left together, step right to right side

S3: SWIVEL, SWIVEL, SWIVEL KICK, HOOK, LOCK STEP, HOLD

- 1-2 Heels to right, toes to right
- 3-4 Right heel to right and turn left 1/4 with a left kick forward , hook left over right
- 5-6-7-8 Step left forward, lock right behind left, step left forward, hold

S4: RIGHT WEAVE, SIDE ROCK, CROSS, HOLD

- 1-2 -3-4 Right side step, cross left behind right, right side step, cross left over right
- 5-6 -7-8 Right side rock step, cross right over left, hold

S5: STEP, TURN, STEP, TURN, SLOW VAUDEVILLE

- 1-2-3-4 Step left forward, 1/2 turn right (twice)
- 5-6-7-8 Cross left over, step right side, touch left heel diagonally forward, step left together

S6: SLOW VAUDEVILLE, STEP, TOE, STEP, KICK

- 1-2-3-4 Cross right over, step left side, touch right heel diagonally forward, step right together
- 5-6 Step left forward, touch right toe behind left foot
- 7-8 Step right back, kick left forward (low)

S7: TURN AND SIDE ROCK STEP, TURN AND SIDE ROCK STEP, TURN AND ROCK BACK, STOMP, HOLD

- 1-2-3-4 1/4 Turn left and side left rock step, 1/2 turn left and side left rock step
- 5-6-7-8 1/4 Turn left and left rock back, stomp left together, hold

S8: OUT, IN, OUT, IN, FLICK, STOMP, STOMP, HOLD

- 1 Jumping out (right in diagonally forward on the right, left in diagonally back on he left)
- 2 jump in place on both feet
- 3 Jumping out (left in diagonally forward on the left, right in diagonally back on he right)
- 4 Jump in place on both feet
- 5 Left flick and 1/4 turn left
- 6-7-8 Stomp left and flick right, stomp right, hold

*1° RESTART: on 3rd wall you have to do 29 count:

30-31-32 Turn 1/4 left on left foot, right together, hold, then Restart

**2° RESTART: on 7° wall you have to do 42 count:

43-44 3/4 Turn right and step right forward, left together, then Restart

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