For Yesterday

拍數: 32	牆數: 4	級數: Intermediate

編舞者: Ayu Permana (INA) - January 2016

音樂: Yesterday When I Was Young - Dusty Springfield

Start on vocal (No Tag No Restart)□□□□

SECTION 1. BACK – FORWARD – SIDE – RECOVER – CROSS – ¼ TURN – FORWARD – ½ TURN (09.00)

1 – 2 – 3 – 4   Step R backward – Step L forward – Step/rock R to right side – Recover on L

5 – 6 – 7 – 8   Cross R over L – Turn ¼ right on R (3) – Step L forward – Turn ½ left, stepping back on R (9)

SECTION 2. BACK – FORWARD – BACK – RECOVER – FORWARD – CROSS – ½ TURN – SIDE (03.00)

1 – 2 – 3 – 4   Step L backward – Step R slightly forward – Step/rock L backward – Recover on R

5 – 6 – 7 – 8   Step L forward – Cross R over L – Turn ½ right on L (3) – Step R to right side

SECTION 3. TOGETHER – (RIGHT & LEFT) SIDE, RECOVER, CROSS – SIDE (03.00)

1   Step L next to R

2 – 3 – 4   Step/rock R to right side – Recover on L – Cross R over L

5 – 6 – 7   Step/rock L to left side – Recover on R – Cross L over R

8   Step R to right side

SECTION 4. TOGETHER – FORWARD – CROSS – SPIRAL ¾ TURN – BACK – FORWARD – ¼ TURN (09.00)

1 – 2 – 3 – 4   Step L next to R – Step R forward – Cross L over R, prepare making ¾ turn right – Continue turning ¾ right on L (12)

5 – 6 – 7 – 8   Step R backward – Step L slightly forward – Step R forward – Turn ¼ left, transferring weight to L (9)

REPEAT

Enjoy and happy dancing …

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