

One Day Baby

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Donna Manning (USA) - January 2016
音樂: One Day - Zac Brown Band



(Starts facing 12:00 – happens facing 6:00) Restart on wall 9 after 12 counts

Sec. 1 (1-9) □ Side, Back Rock, Recover, Side Triple, ¼ Turn, ¼ Turn, Sailor

1,2,3,4&5 L to L side, R back rock (open R hip), recover to L, R to R side, L to R, R to R side
6,7,8&1 On the ball of the R ¼ turn L step L to L side, on ball of L ¼ turn L step R to R side, Step L behind R, R to R side, step L to L side

Sec. 2 (10-18) □ Cross, side, Behind-Side-Cross, Side Mambo W/ Cross, Back Triple W/ Ronde

2,3,4&5 Cross R over L, L to L side, R behind L, L to L side, cross R over L

RESTART – wall 9 starts facing 12:00 - dance through count 4 - it's sneaky but needs to be there.....

6&7 Push off ball of L to L side, recover to R, cross L over R
8&1 Step R back, bring L to R, step R back as you sweep L from front to back

Sec. 3 (19-26) □ Back Triple W/ Ronde, Coaster, Walk 2X, Rock, Recover ¼ Turn

2&3, 4&5 Step L back, bring R to L, step L back as you sweep R from front to back, step R back, bring L next to R, step R fwd

6,7 Walk L-R

8&1 Rock L fwd, ¼ R as you recover to R, Cross L over R

Sec. 4 (27-32&) Step Back Touch, Triple, Step, Touch, Side-Together(beginning of Side Triple to start dance)

2,3,4&5 Step R back on the diagonal, touch L next to R, step L back on the diagonal, bring R heel to L toe, step L back to diagonal

6,7,8& Step R back on the diagonal, touch L next to R, step L to L SIDE, close R to L.....count 1 is beginning

Thanks for sharing and HAVE FUN!

Please do not alter this step sheet in any way.

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