

# Sing O-A-O

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - January 2016  
音樂: Better When I'm Dancin' - Meghan Trainor



Intro: 16 counts

**Section 1: Right Bota Fogo. Left Bota Fogo. Forward Rock. Triple Full turn Back.**

1&2      Step forward crossing right over left. Rock left to left. Recover onto right.  
3&4      Step forward crossing left over right. Rock right to right. Recover onto left.  
5-6      Rock forward on right. Recover onto left.  
7&8      Triple full turn back over right shoulder stepping right, left, right.

**Easy Option: Replace triple full turn with a Coaster Step**

**Section 2: Forward Mambo. Back Mambo. Step. 1/2 Turn right. Chasse 1/4 Turn right.**

1&2      Rock forward on left. Recover onto right. Step back on left.  
3&4      Rock back on right. Recover onto left. Step forward on right.  
5-6      Step forward on left. Turn 1/2 right.  
7&8      Turn 1/4 right Stepping left to left. Close right beside left. Step left to left.

**Section 3: Back Rock. Kick Ball Cross .Side. Hold. Ball. Right Chasse.**

1-2      Rock back on right. Recover onto left.  
3&4      Kick right diagonally forward. Step down on right. Cross left over right.  
5-6&      Step right to right. Hold. Step down on ball of left taking weight.  
7&8      Step right to right. Close left beside right. Step right to right.

**Section 4: Back Rock. Kick Ball Cross. Side. Hold. Ball. Left Chasse.**

1-2      Rock back on left. Recover onto right.  
3&4      Kick left diagonally forward. Step down on left. Cross right over left.  
5-6&      Step left to left. Hold. Step down on ball of right taking weight.  
7&8      Step left to left. Close right beside left. Step left to left.

**Ending: At the end of the dance facing 3 o'clock replace the Chasse of section 4 (Steps 7&8)**

**With: Chasse 1/4 turn left to face front wall**

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