Shakin' Your South Side



拍數: 64 牆數: 2 級數: Phrased Improver (with options)

編舞者: Lynn Card (USA) - January 2016 音樂: South Side - Thomas Rhett



Phrasing: AB (12:00), AB (6:00), AB(16 CTS OF B) (12:00), B (12:00), B (6:00)

Intro: 24 Counts After Vocal

Part A: 32 Counts (Start Facing 12:00, End Facing 12:00)

A1: KICK BALL STEP, OUT OUT, SLIDE, TOUCH, SIDE ROCK, SAILOR STEP

1&2&3,4 Kick R forward, Replace R next to L, Step L next to R, Step R to right, Step L to left, Slide R

in next to L, Touch R next to L

5,6,7&8 Rock R to right, Recover L to left, Cross R behind L, Step L to left, Step R to right

A2: BEHIND, SIDE, CROSS ROCK, RECOVER, STEP, STEP ½ TURN, KICK BALL STEP

1,2,3&4 Cross L behind R, Step R to right, Rock L in front of R, Recover back on R, Step L next to R

5,6,7&8 Step R forward, Pivot ½ turn to left stepping L forward (6:00), Kick R forward, Replace R next

to L, Step L next to R

A3: STEP, SWIVELS, COASTER STEP, STEP, SWIVELS, COASTER STEP

1&2,3&4 Step R forward, Swivel heels to R Swivel heels back to center, Step R back, Step L back next

to R, Step R forward

5&6,7&8 Step L forward, Swivel heels to left, Swivel heels back to center, Step L back, Step R back

next to L, Step L forward

(options here for swivels would be knee pops or heel splits, any will work)

A4: WALK, WALK, STEP 1/2 TURN CHASE, MABMO STEP, COASTER STEP WITH BODY ROLL OPTION

1,2,3&4 Walk R forward, Walk L forward, Step R forward, Pivot ½ turn to left stepping L forward

(12:00). Step R forward

5&6,7&8 Rock L forward, Recover back on R, Step L next to R, Step R back, Step L back next to R,

Step R forward (optional: as you step forward on your right on Count 8 add a body roll for

attitude)

PART B: 32 COUNTS (starts facing 12:00, ends facing 6:00)

B1: SIDE BEHIND SIDE, CROSS, STEP SIDE, HIP BUMPS

1&2,3,4 Step L to left, Step R behind L, Step L to left, Cross R in front of L, Step L to left

(emphasize count 4 on the beat, I sort of center my weight on both feet)

5,6,7&8 Bump R hip to right two times (5,6), Bump L hip to left, Bump R hip to right, Bump L hip to left

(weight on L)

B2: SIDE BEHIND SIDE, CROSS, STEP SIDE, HIP BUMPS

1&2,3,4 Step R to right, Step L behind R, Step R to right, Cross L in front of R, Step R to right

(emphasize count 8 on the beat, I sort of center my weight)

5,6,7&8 Bump L hip to left two times (5,6), Bump R hip to right, Bump L hip to left, Bump R hip to right

(weight on R)

B3: SIDE BEHIND SIDE, CROSS, ½ TURN, HIP BUMPS

1&2,3,4 Step L to left, Step R behind L, Step L to left, Cross R in front of left, Pivot ½ turn to left (6:00)

5,6,7&8 Bump R hip to right two times (5,6), Bump L hip to left, Bump R hip to right, Bump L hip to left

(weight on L)

B4: SIDE BEHIND, STEP 1/4 TURN, STEP 1/2 TURN CHASE, PADDLE 1/2 TURN

1&2,3&4 Step R to right, Step L behind R, Turn ¼ to right stepping R forward (9:00), Step L forward,

Pivot ½ turn to right stepping R forward, Step L forward (3:00)

5,6,7,8 Paddle 4x to the left to make 3/4 turn to 6:00 keeping weight on L

Paddle breakdown: Turn ¼ to left touching R to right (12:00), Turn slightly more than an 1/8 but not a full ¼ to left touch R to right (10:00), Turn slightly more than 1/8 but not a full ¼ touching R to right (8:00), Turn slightly more than 1/8 but not a full ¼ to left touching R to right (6:00). ☐ (this should be smooth, not exact, have fun with it)

(NOTE: On the 5th sequence of B, you will need to replace your R next to your L on Count 8 in order to free up your L to Restart the last B)

ENDING: The dance ends facing 12:00 as you paddle at the end of B If anyone finds an error on this step sheet, please do not hesitate to email me: lynncard28@gmail.com