

Sexy Chick (漂亮小姐) (zh)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Maggie Gallagher (UK) - 2009年09月
音樂: Sexy Chick (feat. Akon) - David Guetta



前奏: Intro: 32 counts (14 secs) - (Total Song Duration 3m 15s) 32拍(約14秒)後起跳, 全曲長3分15秒

第一段 Walks R, L, Anchor Step, Back, 1/2 Right, Step, 1/2 Pivot Right 走步-右, 左, 踏三次, 後, 1/2, 踏轉

- 1,2 Walk forward right, Walk forward left [12.00]
右足前走, 左足前走(面向12點鐘)
- 3&4 Lock right behind left, Recover weight onto left, Step back on right
右足於左足後鎖踏, 左足回復, 右足後踏
- 5,6 Walk back on left, 1/2 turn right stepping forward on right [6.00]
左足後走, 右轉180度右足前踏(面向6點鐘)
- 7,8 1/2 turn right stepping back on left, Walk back on right [12.00]
右轉180度左足後踏, 右足後走(面向12點鐘)

第二段 Point Back, 1/4 Left Bump, Freeze, Hipo Bumps, & Cross, Point 後點, 1/4推臀, 停拍, 推臀, 交叉, 點

- 1,2 Point left toe back, 1/4 turn left bumping hips left [9.00]
左足趾後點, 左轉90度左推臀(面向9點鐘)
- 3,4 FREEZE for two counts (weight on left) 候2拍(重心在左足)
- 5,6 Bump hips right, Bump hips left 右推臀, 左推臀
- &7,8 Bring right next to left, Cross left over right, Point right to right side [9.00] 右足併踏, 左足於右足前交叉踏, 右足右點(面向9點鐘)

第三段 Point Behind, Hold, Side Rock, Recover, Weave Right 後點, 候, 側下沉回復, 藤步

- 1,2 Cross point right toe behind left, HOLD 右足趾於左足後交叉點, 候
- 3,4 Unwind 3/4 turn right over two counts (weight on right) [6.00]
以2拍右繞轉270度(面向6點鐘)
- 5,6 Rock out to left side, Recover onto right 左足左下沉, 右足回復
- 7&8 Cross left behind right, Step right to right side, Cross left over right [6.00] 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏(面向6點鐘)

第四段 Side Point, Cross, Hip Pushes, Left Hitch, 1/4 Left Hitch 側點, 交叉, 推臀, 抬, 1/4抬

- 1,2 Point right to right side, Cross right over left
右足右點, 右足於左足前交叉踏
- 3,4 Step back on left rocking hips back and raising toes of right, Rock forward onto right while lowering right toes and raising left heel
左足後踏後推臀, 右足前下沉
- 5,6 Rock hips back onto left raising toes of right, Rock forward placing weight on right 重心在左足後推臀, 重心在右足前推臀
- 7,8 Hitch left knee forward, Make 1/4 turn left hitching left knee again [3.00] 左膝前抬, 左膝抬左轉90度(面向3點鐘)

第五段 Rock Back, Recover, Walk, Step, 1/2 Pivot Left, Walk, Full Turn Right
後下沉回復, 走, 踏, 轉, 走, 右轉圈

- 1,2 Rock back on left, Recover onto right 左足後下沉, 右足回復
3,4 Walk forward left, Step forward on right 左足前走, 右足前踏
5,6 1/2 pivot turn left, Walk forward on right [9.00]
左軸轉180度, 右足前走(面向9點鐘)
7,8 1/2 turn right stepping back on left, 1/2 turn right stepping forward on right [9.00] 右轉180度左足後踏, 右轉180度右足前踏(面向9點鐘)

第六段 Stomp, Hold, Out-Out, Right Jazz, Left Crossing Shuffle
重踏, 候, 外-外, 爵士方塊, 交叉交換

- 1,2 Stomp forward on left, HOLD 左足前重踏, 候
&3 Step out on right, Step out on left (shoulder width apart)
右足右踏, 左足左踏(與肩同寬)
4,5 Cross right over left, Step back on left
右足於左足前交叉踏, 左足後踏
6 Step right to right side 右足右踏
7&8 Cross left over right, Step right to right side, Cross left over right [9.00] 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏(面向9點鐘)

第七段 Side, 1/2 Hinge, 1/2 Hinge, Touch, Side, Touch, Left Vaudeville
側, 轉, 轉, 點, 側, 點, 踏交叉踏點

- 1,2 Step right to right side, 1/2 hinge turn left stepping left to left side [3.00] 右足右踏, 左轉180度左足左踏
3,4 1/2 hinge turn left stepping right to right side, Touch left next to right [9.00] 左轉180度右足右踏, 左足併點(面向9點鐘)
5,6 Step left to left side, Touch right next to left 左足左踏, 右足併點
&7 Step right to right side, Cross left over right
右足右踏, 左足於右足前交叉踏
&8 Step back on right, Tap left heel forward on a left diagonal [9.00]
右足後踏, 左足踵左斜角前點(面向9點鐘)

第八段 Together, Cross, 1/4 Right, Rock Back, Recover, Sexy Walks, Step, 1/2 Pivot 併, 交叉, 右1/4, 後下沉, 回復, 嫵媚走步, 踏轉

- &1,2 Step left next to right, Cross right over left, 1/4 turn right stepping back on left [12.00]
左足併踏, 右足於左足前交叉踏, 右轉90度左足後踏(面向12點鐘)
3,4 Rock back on right, Recover onto left 右足後下沉, 左足回復
5,6 Sexy walks forward right – left 嫵媚前走步-右, 左
7,8 Step forward on right, 1/2 pivot turn left [6.00]
右足前踏, 左軸轉180度(面向6點鐘)
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