

Como Baila

拍數: 64 牆數: 0 級數: Low Intermediate
編舞者: Daan Geelen (NL), Tommie Nijhuis (NL) & José Miguel Belloque Vane (NL) -
January 2016
音樂: Como Baila - Grupo Mania



The last part of the music is a faster then the beginning! Have fun!

Section 1: □Walk RLR, Rock & Cross, Step ¼ Turn, Chassé;

123 Step R Fwd, Step L Fwd, Step R Fwd
4&5 Rock Left to Leftside, Recover to R, Cross L over R
6 ¼ Turn R Step Back
7&8 Step L to Leftside, Close R next to L, Step L to Leftside

Section 2: □Step Side ¼ Turn, Cross Steps, Rock & Cross 2x;

1&2 Step R ¼ Turn Left to Rightside, Cross Left over R, Step R to Rightside
&3&4 Cross L over R, Step R to Rightside, Cross L over R, Step R to Rightside
5&6 Rock R to Rightside, Recover to L, Cross R over L
7&8 Rock L to Leftside, Recover to R, Cross L over R

Section 3: □Step ½ Turn, Step ¼ Turn, Mambo Fwd, Mambo Back;

12 Step R Fwd, Pivot ½ Turn Left weight ends on L
34 Step R Fwd, ¼ Turn Recover to L
5&6 Rock R Fwd, Recover to L, Step R Back
7&8 Rock L Back, Recover to R, Step L Fwd

Section 4: □Rock Side, Recover, Behind Side Cross, Rock Side, Recover, Behind Side ¼ Turn Step Fwd;

12 Rock R to Rightside, Recover to L
3&4 Step R Behind L, Step L to Leftside, Cross R over L
56 Rock L to Leftside, Recover to R
7&8 Step L Behind R, Step R to Rightside, Step L ¼ Turn Right Fwd

Section 5: □Step Fwd, Pivot ½ Turn Flick, Triple Fwd, Step Fwd, Pivot ½ Turn Flick, Triple Fwd;

12 Step L Fwd, Pivot ½ Turn Left weight ends on L and Flick R Back
3&4 Step R Fwd, Close L next to R, Step R Fwd
56 Step L Fwd, Pivot ½ Turn Right weight ends on R and Flick L Back
7&8 Step L Fwd, Close R next to L, Step L Fwd

Section 6: □Diagonal Vine Fwd with Touch, Diagonal Vine Back with Touch;

12 Step R Diagonal Fwd, Cross L over R
34 Step R Diagonal Fwd, Touch L Diagonal Back
56 Step L Diagonal Back, Cross R over L
78 Step L Diagonal Back, Touch R Diagonal Fwd

Section 7: □Rolling Vine Touch, Rolling Vine Chassé;

12 Step R ¼ Turn Right Fwd, ½ Turn Right Step L Back
34 Step R ¼ Turn Right to Rightside, Touch L next to R
56 Step L ¼ Turn Left Fwd, ½ Turn Left Step R Back
7&8 Step L ¼ Turn Left to Leftside, Close R next to L, Step L to Leftside

Section 8: □Cross Samba's LR, ¾ Turn LockSteps;

1&2 Cross R over L, Rock L to Leftside, Recover to R
3&4 Cross L over R, Rock R to Rightside, Recover to L

&5&6 Start $\frac{3}{4}$ Turn Close R next to L, Step L Fwd, Close R next to L, Step L Fwd
&7&8 Close R next to L, Step L Fwd, Close R next to L, Finish $\frac{3}{4}$ Turn with Step L Fwd

Start Again! Enjoy!
