

Stop

拍數: 96 牆數: 2 級數: Phrased Improver
編舞者: Maya Sofia (INA) - January 2016
音樂: Stop - Dewi Sandra Olla Ramlan



Intro 32 Count

A1: FORWARD TOUCH, SIDE TOUCH, FORWARD TOUCH, STEP BESIDE, KICK FORWARD, STEP BESIDE, SIDE TOUCH, KICK FORWARD, STEP BESIDE, SIDE TOUCH

1-4 Touch R forward, touch R to R side, Touch R forward, Step R next to L
5&6 Kick L forward, Step L beside R, Touch R to R side
7&8 Kick R forward, Step R beside L, Touch L to L side

A2: FORWARD TOUCH, SIDE TOUCH, FORWARD TOUCH, STEP BESIDE, (KICK FORWARD, STEP BESIDE, SIDE TOUCH) X2

1-4 Touch L forward, Touch L to L side, Touch L forward, Step L next to R
5&6 Kick R forward, Step R next to L, Touch L to L side
7&8 Kick L forward, Step L next to R, Touch R to R side

A3: (FORWARD TOUCH, BACK TOUCH)X3, ¼ TURN RIGHT, HOLD

1-6 (Touch R forward, Touch R backward) x3
7-8 ¼ Turn to R step R to side, Hold (3.00)

A4: (KICK BALL STEP)X2, PIVOT ½ RIGHT, FORWARD, PIVOT ¼ LEFT

1&2 Kick L forward, Step L onto ball next to R, Step R forward
3&4 Repeat 1&2
5&6 Step L forward, ½ Turn to R step R forward, Step L forward (09.00)
7-8 Step R forward, ¼ Turn to L step L to side (06.00)

B1: (CROSS OVER, TOUCH SIDE, HIP DROP) X4

1&2 Cross R over L, Touch L diagonally forward & up the L hip, drop the R hip
3&4 Cross L over R, Touch R diagonally forward & up the R hip, drop the L hip
5&6 Repeat 1&2
7&8 Repeat 3&4

B2: (1/4 TURN LEFT)X2, (STEP BESIDE) X4

1-8 Bumps R-L-R-L-R-L-R-L with ½ Turn to the L

B3: (FORWARD WITH SIMMY SHOULDER) x4, (1/4 PIVOT LEFT) X2

1-4 Walk R-L-R-L with simmy shoulder
5-8 (Step R forward, ¼ Turn to L step L to side) x2 (12.00)

B4: REPEAT B3

C1: (SIDE, TOGETHER) X3, SIDE, TOUCH BESIDE

1-6 (Step R to side, Step L next to R) x3
7-9 Step R to side, Touch L next to R

(Grind your hips circle to (R-L-R-L) x2

C2: (SIDE, TOGETHER) X3, SIDE, TOUCH BESIDE

1-6 (Step L to side, Step R next to L) x3
7-8 Step L to side, Touch R next to L

(Grind your hips to (L-R) x4

C3: BEND YOUR KNEE WITH SNAKE ARM

- 1 Step R next to L
2-8 Bend your both knee & wave your arm like the snake R-L-R-L

C4: (1/8 TURN RIGHT, STEP BESIDE & GRIND HIPS) X4

- 1-8 (1/8 Turn to R step R next to L, Step L next to R) x4 (06.00)

(Grind your hips crcle (R-L) x4

Begin Again

TAG1:

I: (CROSS BEHIND, SIDE TOUCH) X3, HOLD

- 1-6 Step R across behind L, Touch L to side, Step L across behind R, Touch To to side, Step R across behind L, Touch L to side
7-8 Hold

II: (CROSS OVER, SIDE TOUCH) X3, HOLD

- 1-6 Step L across over R, Touch R to side, Step R across over L, Touch L to side, Step L across over R, Touch R to side
7-8 Hold

TAG2:

- 1-4 Drag R next to L slowly

Jogjakarta Social Dance Community

Contact: gieprod@yahoo.com
