

Poppin'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Janice Chin (MY) - December 2015
音樂: Get It Poppin' (feat. Nelly) - Fat Joe



Dance starts 16 counts from beginning of music

Section 1 : Kick Ball Touch 2x, Step Touch 2x

1&2 Kick RF forward, Step RF beside LF, Touch LF behind RF
3&4 Kick LF forward, Step LF beside RF, Touch RF behind LF
5 6 Step RF to side, Touch LF behind RF
7 8 Step LF to side, Touch RF behind LF (12:00)

Section 2 : Move Diagonally Forward to right & chest pump twice, Step Back & Do Body Roll

1 2 Step RF diagonally forward, Step LF together (1:30)
3 4 Do chest pop twice
5 6 Step LF back, Step RF to side (12:00)
7 8 Do a body roll upwards or any freestyle

Section 3 : Syncopated weave to left, Tap RF twice, Step Hitch 2x

1& Cross RF behind LF, Step LF to side
2& Cross RF across LF, Step LF to side
3 4 Tap RF twice in place
5 6 Step RF to side, Hitch L knee
7 8 Step LF to side, Hitch R knee (12:00)

Section 4 : Heel Touch 2x, Star Steps with a ¼ L turn

1 2 Touch R heel forward, Step RF beside LF
3 4 Touch L heel forward, Step LF beside RF
5& Touch RF to side, Touch RF beside LF
6& Turn 1/8 L with weight on LF & Touch RF to side, Touch RF beside LF
7& Repeat steps 6&
8& Repeat steps 7& (9:00)

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