

# Poppin'

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Janice Chin (MY) - December 2015  
音樂: Get It Poppin' (feat. Nelly) - Fat Joe



Dance starts 16 counts from beginning of music

## Section 1 : Kick Ball Touch 2x, Step Touch 2x

1&2      Kick RF forward, Step RF beside LF, Touch LF behind RF  
3&4      Kick LF forward, Step LF beside RF, Touch RF behind LF  
5 6      Step RF to side, Touch LF behind RF  
7 8      Step LF to side, Touch RF behind LF (12:00)

## Section 2 : Move Diagonally Forward to right & chest pump twice, Step Back & Do Body Roll

1 2      Step RF diagonally forward, Step LF together (1:30)  
3 4      Do chest pop twice  
5 6      Step LF back, Step RF to side (12:00)  
7 8      Do a body roll upwards or any freestyle

## Section 3 : Syncopated weave to left, Tap RF twice, Step Hitch 2x

1&      Cross RF behind LF, Step LF to side  
2&      Cross RF across LF, Step LF to side  
3 4      Tap RF twice in place  
5 6      Step RF to side, Hitch L knee  
7 8      Step LF to side, Hitch R knee (12:00)

## Section 4 : Heel Touch 2x, Star Steps with a ¼ L turn

1 2      Touch R heel forward, Step RF beside LF  
3 4      Touch L heel forward, Step LF beside RF  
5&      Touch RF to side, Touch RF beside LF  
6&      Turn 1/8 L with weight on LF & Touch RF to side, Touch RF beside LF  
7&      Repeat steps 6&  
8&      Repeat steps 7& (9:00)

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