

Survivor Take My Hand

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 1 級數: Improver
編舞者: Bev Meyer - January 2016
音樂: Take My Hand - Ryan Walt & Steven Sterling



Start: 32 count intro □ Sequence: 64, 64, TAG 1, 64, TAG 2

Comment: This dance is written for various stages of cancer survivors to dance together in solidarity.

Dancers should stand within arm's length in straight lines to link hands during S5 through S8.

S1: RHUMBA FORWARD (RIGHT SIDE, TOGETHER, STEP FORWARD, TOUCH, SIDE, TOGETHER, STEP FORWARD, TOUCH)

1 2 Step right to side; step left together
3 4 Step right forward; touch left
5 6 Step left to side; step right together
7 8 Step left forward; touch right

S2: RHUMBA BACK (RIGHT SIDE, TOGETHER, STEP BACK, TOUCH, SIDE, TOGETHER, STEP BACK, TOUCH)

1 2 Step right to side; step left together
3 4 Step right back; touch left
5 6 Step left to side; step right together
7 8 Step left back; touch right

S3 & S4: REPEAT SECTIONS S1 and S2

S5: (Link hands) FORWARD RIGHT, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH, FORWARD, TOUCH

1 2 Step forward right, touch left together
3 4 Step forward left, touch right together
5 6 Step forward right, touch left together
7 8 Step forward left, touch right together

S6: BACK RIGHT, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

1 2 Step back right, touch back left together
3 4 Step back left, touch back right together
5 6 Step back right, touch back left together
7 8 Step back left, touch back right together

S7 & S8: REPEAT SECTIONS S5 AND S6

RELEASE HANDS

TAG 1 (after 2nd time through 64 counts)

SIDE RIGHT, TOGETHER, SIDE, TOUCH, STEP, TOUCH, STEP, TOUCH

1 2 Step right to right side, step left beside right
3 4 Step right to right side, touch left
5 6 Step left to left side, touch right
7 8 Step right to right side, touch left

SIDE LEFT, TOGETHER, SIDE, TOUCH, STEP, TOUCH, STEP, TOUCH

1 2 Step left to left side, step right beside left
3 4 Step left to left side, touch right
5 6 Step right to right side, touch left
7 8 Step left to left side, touch right

REPEAT THEN START SECTION 1

TAG 2 (after 3rd time through 64 counts)

(Keep hands linked) FORWARD RIGHT, TOUCH, FORWARD, TOUCH, FORWARD,
TOUCH, FORWARD, TOUCH

- 1 2 Step forward right, touch left together
- 3 4 Step forward left, touch right together
- 5 6 Step forward right, touch left together
- 7 8 Step forward left, touch right together

BACK RIGHT, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH

- 1 2 Step back right, touch back left together
- 3 4 Step back left, touch back right together
- 5 6 Step back right, touch back left together
- 7 8 Step back left, touch back right together

REPEAT

End with raising linked hands up

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