On A Cloud

拍數: 32

級數: Low Intermediate

編舞者: Jen Newton (USA) - January 2016

音樂: On a Cloud (feat. Karma Stewart) - PPP : (Album: City Lounge, Vol 7)

Begin dancing 32 counts after heavy beat starts, on vocals

Kick-ball-change x2, Walk, Walk, Sweep

- 1&2 Kick R forward (1), step down on ball of R (&), step on L (2)
- 3&4 Kick R forward (1), step down on ball of R (&), step on L (2)
- 5, 6 Walk forward R (4), L (5)
- 7, 8 Sweep R around, turning ¹/₂ to right (7), bring R next to left, weight on R (8) (6:00)

Point, Step, Point, Hold, Point switches x2

- 1, 2 Point L to side (1), step L next to R (2)
- 3, 4 Point R to side (3), hold (4)
- &5, 6 Step R next to left (&), point L to side (5), hold (6)
- &7 Step L next to right (&), point R to side (7)
- &8 Step R next to left (&), point L to side (8) (6:00)

Step, Point, Hook, Walk, Walk, Rock-Recover, Triple 1/2 turn R

- &1, 2 Step L next to right (&), touch R heel forward (1), hook R over left shin (2)
- 3, 4 Walk forward R (3), L (4)
- 5, 6 Rock forward on R (5), recover back on L (6)
- 7&8 Triple 1/2 right, stepping R (7), L (&), R (8) (12:00)

styling note: several times in the song, she sings "so take a bow" and this falls on the rock-recover, so as you rock forward, you can bow, then recover back

Step, ½ Pivot Turn, Step, Hold, Right Sailor, Left ¼ Turning Sailor

- 1, 2 Step forward L (1), turn ½ R, weight to R (2) (6:00)
- 3, 4 Step L slightly forward and to the side (3), hold (4)
- 5&6 Cross R behind L (5), step L to L (&), step R to R (6)
- 7&8 Cross L behind R (7), turn ¼ L, stepping R to R (&), step L to L (8) (3:00)

Music is up-tempo and fun, so add some styling where you think it may fit! Jazz it up!

Begin again!

Contact: headofthelineproductions@gmail.com

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牆數:4