

Sticks And Stones

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Nancy White - January 2016
音樂: Sticks & Stones - Donna Fargo : (Album: Country Sounds Country Boy)



Dance begins on vocals

[1-8] Heel Strut x 4

1,2,3,4 Step R heel forward, Drop toe, Step L heel forward, Drop toe
5,6,7,8 Step R heel forward, Drop toe, Step L heel forward, Drop toe

[9-16] Side Rock Cross, Hold, Side Rock Cross, Hold

1,2,3,4 Step R to R side, Recover to L, Cross R over L, Hold
5,6,7,8 Step L to L side, Recover to R, Cross L over R, Hold

[17-24] Vine R, Touch, Vine ¼ Turn L, Hold

1,2,3,4 Step R to R side, Step L behind R, Step R to R side, Touch L beside R
5,6,7,8 Step L to L side, Step R behind L, Turning ¼ L Step L forward, Hold

[25-32] Mambo Forward, Hold, L Coaster Step, Hold

1,2,3,4 Rock forward on R, Recover back on L, Step back on R, Hold,
5,6,7,8 Step back on L, Step R beside L, Step forward on L, Hold

[33-40] ** R Charleston, L Charleston

1,2,3,4 Touch R toe forward, Hold, Step R back, Hold,
5,6,7,8 Touch L toe back, Hold, Step L forward, Hold,

[41-48] R Back Lock Back, Hold, L Coaster Step, Hold

1,2,3,4 Step back on R, Cross L back over R, Step back on R, Hold
5,6,7,8 Step back on L, Step R beside L, Step forward on L, Hold

[49-56] Slow Walk Turning ½ L (R – L – R – L)

1,2,3,4 Turn 1/8 L step R to R diagonal, Hold, Turn 1/8 L step L to L side, Hold
5,6,7,8 Turn 1/8 L step R to R diagonal, Hold, Turn 1/8 L step L to L side, Hold

[57-64] Slow Jazz Box

1,2,3,4 Cross R over L, Hold, Step back on L, Hold
5,6,7,8 Step R to R side, Hold, Step L forward, Hold

Tag: At the end of Walls 1, 2, 3 & 4

Step forward on R, Hold, Pivot ½ L stepping forward on L, Hold

Wall 6: Starts at count 33 ** (R Charleston), and is the last wall.

Finish: Slow Jazz Box ¼ R: R Cross – L Back – ¼ R Turn – L Together (12.00)

Enjoy my first effort at choreography!

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Last Update - 17th Jan. 2016