

Tonight's The Night

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Christine Steindl (AUT) - January 2016
音樂: Tonight's the Night (Gonna Be Alright) - Rod Stewart : (iTunes)



Count in: 24 counts from start of track, starting on vocals, approx 92bpm

Restart: during wall 2 after 8 counts at 12:00

[1 – 8] Walk R, L, English Cross, 1/2 Turn R (L sweep), Cross Rock L Side

1,2 Step R forward (1), Step L forward (1)
&3,4 Turning 1/4 left step R to right (&), Step L in front of R (3), 9:00 Turning 1/4 right step R forward (4) 12:00
5,6 Make a 1/2 turn right on ball of R as you sweep L (5,6) 6:00
7&8 Cross L over R (7), Recover weight R (&), Step L to left (8)

Restart: during wall 2 after 8 counts at 12:00

[9 – 16] Sailor Step, Sailor Step, Coaster Step, 1/4 Turn R, Side, Hip

1&2 Cross R behind L (1), Step L to left (&), Step R to right (2)
3&4 Cross L behind R (3), Step R to right (&), Step L to left (4)
5&6 Step R back (5), Step L next to right (&), Step R forward (6)
7&8 Turning 1/4 right step L to left (7), Bump L hip (&), Bump L hip (8) 9:00

[17 – 24] Point & Point & Heel & Heel, 1/2 Monterey Turn R

1&2& Point R to right side (1), Step R next to left (&), Point L to left side (2), Step L next to right (&)
3&4& Touch R heel forward (3), Step in place with R (&), Touch L heel forward (4), Step in place with L (&)
5,6 Point R to right side (5), Turning 1/2 right step R next to left (6) 3:00
7,8 Point L to left side (7), Step L next to right (8)

[25 – 32] Kick Ball Step, Kick Ball Step, 3/4 Circle L (Knee Pops x2, Runs x4)

1&2 Kick R forward (1), Step ball of R beside left (&), Step L forward (2)
3&4 Kick R forward (3), Step ball of R beside left (&), Step L forward (4)
5,6 Turning 1/8 left step R forward popping L knee forward (5), 1:30 Turning 1/8 left step L forward popping R knee forward (6) 12:00
7&8& Turning 1/8 left step R forward (7), turning 1/8 left step L forward (&) 9:00 Turning 1/8 left step R forward (8), turning 1/8 left step L forward (&) 6:00

Have Fun and Begin Again

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