

I'll Stand By You

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Chris Jackson (UK) - January 2016
音樂: I'll Stand By You - Pretenders : (2009 Remastered - Amazon)



#10-count intro starting on vocals. One-Step Tag/Restart.

SECTION 1 [1-8] SIDE, BACK ROCK, QUARTER, PIVOT A HALF, QUARTER, BACK ROCK, QUARTER, SIDE, CROSS, QUARTER, HALF

- 1&2&3&4 Step right to right side, rock back left behind right, recover on right, make a quarter turn left stepping forward on left, forward right, pivot a half turn left, make a quarter turn left stepping right to right side (12.0)
- 5&6&7&8 Rock back on left, recover on right, make a quarter turn right stepping back on left (3.0), right to right side, cross left over right, make a quarter turn left stepping back on right (12.0), make a half turn left stepping forward on left (6.0)

SECTION 2 [9-16] STEP, HALF, QUARTER, CROSS ROCK, QUARTER, HALF/SWEEP, BEHIND, SIDE, CROSS/SWEEP, CROSS, SIDE, BEHIND, QUARTER

- 1&2&3&4 Step forward right, make a half turn right stepping back on left (12.0), make a quarter turn right stepping right to right side (3.0), cross rock left over right, recover on right, make a quarter turn left stepping forward on left (12.0), make a half turn left stepping back on right sweeping left from front to back (6.0)
- 5&6,7&8& Step left behind right, right to right side, cross left over right and sweep right from back to front, cross right over left, left to left side, right behind left, make a quarter turn left stepping forward on left (3.0)

SECTION 3 [17-24] STEP/SWEEP, CROSS, SIDE, BACK/SWEEP, BACK, HALF, STEP/SWEEP, CROSS, SIDE, BACK/SWEEP, BACK, QUARTER

- 1,2&3,4& Step forward right and sweep left from back to front, cross left over right, right to right side, step back left sweeping the right from front to back while making a 1/8 turn left, step back right, step forward left a 3/8 turn left (9.0)
- 5,6&7,8& Step forward right and sweep left from back to front, cross left over right, right to right side, step back left sweeping the right from front to back while making a 1/8 turn left, step back right, step forward left a 1/8 turn left (6.0)

SECTION 4 [25-32] CROSS TWINKLE, CROSS, QUARTER, HALF, QUARTER, BACK ROCK/SIDE, BACK ROCK, QUARTER, THREE-QUARTER

- 1&2 Cross right over left, left to left side, right to right side *
- 3&4& Cross left over right, make a quarter turn left stepping back on right, make a half turn left stepping forward on left, make a quarter turn left stepping right to right side
- 5&6,7&8& Rock back on left behind right, recover on right, left to left side, rock back on right behind left, recover on left, step forward right making a quarter turn right, step forward on left and make a three-quarter turn right (6.0)

*Wall 7 – TAG/RESTART – Dance up to Step 2 of Section 4 and add an & step as you cross left over right (1&2&), then RESTART.