

Samba Huh (嘿!森巴) (zh)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Darren Bailey (UK) & Lana Williams (UK) - 2008年04月
音樂: Mujer Latina - Thalía



- 第一段** **Step R, Rock Back, Recover, Step L, Rock Back, Recover, Vaulted Step X4 Making A Full Turn R**
右踏 後下沉 回復, 左踏, 後下沉 回復, 1/4踏 併共四次呈右轉圈
- 1&2 Step Rf to R side, Rock back on Lf, recover onto Rf
右足右踏, 左足後下沉, 右足回復
- 3&4 Step Lf to L side, rock back on Rf, recover onto Lf
左足左踏, 右足後下沉, 左足回復
- 5&6& Make a 1/4 turn R and step forward Rf, close Lf next to Rf, Make a 1/4 turn R and step forward Rf,
close Lf next to Rf
右轉90度右足前踏, 左足併踏, 右轉90度右足前踏, 左足併踏
- 7&8 Make a 1/4 turn R and step forward Rf, close Lf next to Rf, Make a 1/4 turn R and step forward Rf
右轉90度右足前踏, 左足併踏, 右轉90度右足前踏
- 第二段** **Step L, Rock Back, Recover, Step R, Rock Back, Recover, Vaulted Step X4 Making A Full Turn L**
左踏 後下沉 回復, 右踏 後下沉 回復, 1/4踏 併共四次呈左轉圈
- 1&2 Step Lf to L side, Rock back on Rf, recover onto Lf
左足左踏, 右足後下沉, 左足回復
- 3&4 Step Rf to R side, Rock back on Lf, recover onto Rf
右足右踏, 左足後下沉, 右足回復
- 5&6& Make a 1/4 turn L and step forward on Lf, close Rf next to Lf, Make a 1/4 turn L and step forward
on Lf, close Rf next to Lf
左轉90度左足前踏, 右足併踏, 左轉90度左足前踏, 右足併踏
- 7&8 Make a 1/4 turn L and step forward on Lf, close Rf next to Lf, Make a 1/4 turn L and step forward
on Lf
左轉90度左足前踏, 右足併踏, 左轉90度左足前踏
- 第三段** **Rock Forward, 1/2 Turn R, L Shuffle Forward, Rock Forward, 1/2 Turn R, L Shuffle Forward** 曼波
轉, 前交換, 曼波轉, 前交換
- 1&2 Rock forward on Rf, recover onto Lf, make a 1/2 turn R and step forward on Rf 右足前下沉, 左足
回復, 右轉180度右足前踏
- 3&4 Step forward on Lf, close Rf next to Lf, step forward on Lf
左足前踏, 右足併踏, 左足前踏
- 5&6 Rock forward on Rf, recover onto Lf, make a 1/2 turn R and step forward on Rf 右足前下沉, 左足
回復, 右轉180度右足前踏
- 7&8 Step forward on Lf, close Rf next to Lf, step forward on Lf
左足前踏, 右足併踏, 左足前踏
- 第四段** **Rock And Cross R, Rock And Cross L, Step R Close, Shimmy Or Shake**
右曼波交叉, 左曼波交叉, 右踏 併, 雙肩擺動
- 1&2 Rock Rf to R side, recover onto Lf, cross Rf over Lf
右足右下沉, 左足回復, 右足於左足前交叉踏
- 3&4 Rock Lf to L side, recover onto Rf, cross Lf over Rf
左足左下沉, 右足回復, 左足於右足前交叉踏
- 5-6 Step Rf to R side, close Lf next to Rf 右足右踏, 左足併踏

7&8 Shimmy or shake shoulders 雙肩擺動
(示範片是拍手三次)

第五段 Samba Diamond Making A Full Turn L 四次森巴湊成左轉圈

1&2& Cross Lf over Rf, step diagonally back on Rf, step back on Lf, Hitch up R Knee and make a 1/4 turn L
左足於右足前交叉踏, 右足斜角後踏, 左足後踏, 左轉90度右膝抬

3&4 Cross Rf behind Lf, step diagonally forward on Lf, make a 1/4 turn L and step Rf to R side
右足於左足後交叉踏, 左足斜角前踏, 左轉90度右足右踏

5&6& Cross Lf over Rf, step diagonally back on Rf, step back on Lf, Hitch up R Knee and make a 1/4 turn L
左足於右足前交叉踏, 右足斜角後踏, 左足後踏, 左轉90度右膝抬

7&8 Cross Rf behind Lf, step diagonally forward on Lf, make a 1/4 turn L and step Rf to R side
右足於左足後交叉踏, 左足斜角前踏, 左轉90度右足右踏

**第六段 Cross And Side X4 With Hitch, Cross And Side X4
交叉 右踏共四次最後帶右抬, 換邊交叉 左踏共四次**

1&2& Cross Lf over Rf, step Rf to R side, cross Lf over Rf, step Rf to R side
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右足右踏

3&4& Cross Lf over Rf, step Rf to R side, cross Lf over Rf, Hitch up R knee
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏, 右膝抬

5&6& Cross Rf over Lf, step Lf to L side, cross Lf over Rf, step Rf to R side
右足於左足前交叉踏, 左足左踏, 左足於右足前交叉踏, 右足右踏

7&8 Cross Rf over Lf, step Lf to L side, cross Lf over Rf
右足於左足前交叉踏, 左足左踏, 左足於右足前交叉踏

**第七段 Touch And Step Back X4, Touch Forward, Side, Cross, R And L
點收 點收 點收 點, 前點 右點 交叉, 前點 左點 交叉**

1&2& Touch L toe forward, step back on Lf, touch R toe forward, step back on Rf 左足趾前點, 左足後踏, 右足趾前點, 右足後踏

3&4 Touch L toe forward, step back on Lf, touch R toe forward
左足趾前點, 左足後踏, 右足趾前點

5&6 Touch Rf forward, touch Rf to R side, step Rf forward
右足前點, 右足右點, 右足前踏

7&8 Touch Lf forward, touch Lf to L side, step Lf forward
左足前點, 左足左點, 左足前踏

**第八段 Rock Forward, Recover, Shuffle With 1/4 Turn R, Rock Forward, Recover, Shuffle With 1/4 Turn L
下沉 回復, 1/4轉交換, 下沉 回復, 轉交換**

1-2 Rock forward on Rf, recover onto Lf 右足前下沉, 左足回復

3&4 Make a 1/4 turn R and step Rf to R side, close Lf next to Rf, step Rf to R side 右轉90度右足右踏, 左足併踏, 右足右踏

5-6 Rock forward on Lf, recover onto Rf 左足前下沉, 右足回復

7&8 Make a 1/4 turn L and step Lf to L side, close Rf next to Lf, make a 1/4 turn L and step forward on Lf (start dance again by making a 1/4 turn R to step R f to R side)
左轉90度左足左踏, 右足併踏, 左轉90度左足前踏(右轉90度接續第1拍的右足右踏)
