

One More Day

拍數: 36 牆數: 4 級數: Low Intermediate
編舞者: Tanja Rantamäula (FIN) - January 2016
音樂: One More Day - Clay Davidson : (CD: Unconditional - 2000)



DIAGONALLY SHUFFLES, CHASSE RIGHT, SCUFF, HITCH, STOMP UP

1&2 Shuffle right diagonal - right, left, right
3&4 Shuffle left diagonal - left, right, left
5&6 Step right to right side, step left together, step right to right side
7&8 Scuff left forward, hitch left knee, stomp up left in place

CHASSE LEFT, COASTER STEP, ¼ PIVOT TURN X 2

1&2 Step left to left side, step right together, step left to left side
3&4 Step right back, step left beside right, step right forward
5-6 Step left forward, turn ¼ right
7-8 Step left forward, turn ¼ right (06:00)

(End of music turn ¾ right)

5-6 Step left forward, turn ½ right
7-8 Turning right ball ¼ right step left to left side, stomp right to place)

STEP, STEP TURN, SHUFFLE TURN, SIDE, BEHIND, HEEL JACK

1-2 Step left forward, turning ½ left step right back
3&4 Turning ½ left shuffle forward - left, right, left (06:00)
5-6 Step right to right side, cross left behind right
&7 Step right to right side, touch left heel forward at slight angle
&8 Step left foot beside right, cross right over left

SIDE, BEHIND, CHASSE LEFT, BOOGIE WALKS, STOMP, STOMP

1-2 Step left to left side, cross right behind left
3&4 Step left to left side, step right together, step left to left side
5-6 Steps forward sliding circle inside - right, left
7-8 Stomp right in place, stomp left together

JAZZ BOX TURN, (ROCKING CHAIR)

1-2 Cross right over left, step left back
3-4 ¼ turn right as you step right, step left next to right (09:00)

(Steps 5-8 during chorus end of walls 2, 5 and 7)

5-6 Rock right forward, recover weight back onto left
7-8 Rock right back, recover weight forward onto left)

REPEAT!

Submitted By: Arto Liekola - arto.liekola@pudasjarvelainen.com