

Better When I'm Dancin' - AB

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Absolute Beginner
編舞者: Pat Margarita (USA) - December 2015
音樂: Better When I'm Dancin' - Meghan Trainor



No Tags No Restarts - Great for floor Splits

Side Touch, Step Together 4 x

- 1- 2 Touch right to side, step right together
- 3- 4 Touch left to side, step left together
- 5- 6 Touch right to side, step right together
- 7- 8 Touch left to side, step left together

Rocking Chairs Forward And Back 4x

- 1- 2 Step right forward, recover weight back onto left
- 3- 4 Step back on right, recover forward on left
- 5- 6 Step right forward, recover weight back onto left
- 7- 8 Step back on right, recover forward onto left

¼ Pivots Left With Stomps

- 1- 2 Step right forward, pivot ¼ turn left on balls of feet
- 3- 4 Stomp right, stomp left
- 5- 6 Step right forward, pivot ¼ turn left on balls of feet
- 7- 8 Stomp right, stomp left

Big Step Forward, Slide Together, Shimmy & Clap

- 1- 2 Step big right diagonal forward, shake upper body (shimmy)
- 3- 4 Slide left together with touch, clap
- 5- 6 Step big left diagonal forward, shake upper body (shimmy)
- 7- 8 Slide right together with touch, clap

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