

Gerry's Reel Corrs AB

拍數: 32 牆數: 4 級數: Absolute Beginner
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音樂: Gerry's Reel - The Corrs : (amazon)



(No Tags Or Restarts) Beginner Options

** Written as a split floor to "Gerry's Reel" By Maggie Gallagher's High Improver Dance

SEC 1 [1 - 8] V STEP, V STEP, (ARMS ARE OPTIONAL)

1 - 2 Step R Diag Fwd Out, Step L Diag Fwd Out,
3 - 4 Step R Back, Step L Back Together
5 - 6 Step R Diag Fwd Out, Step L Diag Fwd Out
7 - 8 Step R Back, Step L Back Together

(For Arm Movements) Straighten Right Arm Up, Left Arm Up, Cross Right Arm Down Across Waist, Cross Left Arm Down Across Waist

SECT 2 [9 - 16] CROSS, RECOVER, SIDE , CLAPS or(Add Side Shuffles)

1 - 2 Cross R Over L, Recover L (Cross Arms and Swing Out then In)
3 - 4 Step R Side & Clap Hands Together (&4)
5 - 6 Cross L Over R, Recover R
7 - 8 Step L Side, Clap Hands Together (&8)

Harder Option Side Shuffles for counts 3&4 and 7&8

(For Arm Movements)Cross Arms over About Chest Height and swing arms out and back see video)

SEC 3 [17 - 24] CROSS, SIDE, DOUBLE HEELS, STEP x 2 (or Single Heel)

1 - 2 Cross R Over L, Step L Side
3 - 4& Tap R Heel Diag Fwd Twice, Step R Together
5 - 6 Cross L Over R, Step R Side,
7 - 8& Tap R Heel Diag Fwd Twice, Step L Together

(For Arm Movements) For Fun Snap Fingers on Double Heels or Clap Hands

Harder option Cross, Side Behind & Heel & Step x 2

1 2 3&4& Cross R, L Side, R Behind, L Side, R Heel step On R
5 6 7&8& Cross L, R Side, L Behind, R Side, L Heel Step On R

SEC 4 [25 - 32] ROCKING CHAIR, STEPS/STOMPS, SCUFFS

1 - 2 Rock R Fwd, Recover L
3 - 4 Rock R Back, Recover L
5 - 6 Turning ¼ L Step R Straight Legged, Scuff L Heel
7 - 8 Step L Straight Legged, Scuff R Heel or 4 Stomps R, L, R, L

For Harder option Syncopate the Step Scuffs

&5 Turning ¼ R Scuff R Heel Fwd , Step R Fwd
&6 Scuff L Heel Fwd, Step L Fwd,
&7 Scuff R Heel Fwd, Step R Fwd
&8 Scuff L Fwd, Step on L (f 3.00) Arms By Sides

Keeping Legs Straight For Irish Feel

Ending Wall 10 Facing 9.00 Step Scuffs Tightly Around to the Front and Pose Irish □

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