

# Polka (Circle) (P)

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拍數: 16      牆數: 0  
編舞者: Unknown - January 2016  
音樂: Any Polka music

級數: Beginner Partner / Circle



## Starting Position:

Shadow / Sweetheart (Ballroom) hold position, facing line of dance. Man is at L side of Lady,  
Feel free for more than two dancers linking arms for this dance!

## Section 1: L Heel Fwd, Together, R Toe back twice, Heel Fwd, Together, L Heel, Hook

1-2            Touch left heel forward, step left besides right  
3-4-5-6      Tap right toe back twice, touch right heel forward, step right besides left  
7-8            Touch left heel forward, hook left over right foot

## Section 2: Shuffle Fwd – L/R/L/R

1&2, 3&4      Shuffle forward - left and right  
5&6, 7&8      Repeat count 1-4

## Start Again

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