

Help Me Rhonda

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Annette Lapp (DK) - January 2016
音樂: Help Me, Rhonda - The Beach Boys : (Album: The Beach Boys Greatest Hits - iTunes)



Intro: 32 count

V – Step, Side, Touch, ¼ Turn, Touch

1 – 2 Step right diagonally forward, step left diagonally forward
3 – 4 Step right back to center, step left beside right
5 – 6 Step right to right side, touch left beside right
7 – 8 Turn ¼ left, touch right beside left

Step Forward, Touch x 2, Run Back Right, Left, Right, Left

1 – 2 Step forward right, touch left beside right
3 – 4 Step forward left, touch right beside left
5 – 6 Step back right, step back left
7 – 8 Step back right, step back left

Forward Together, Forward, Touch, ¼ Turn Left, Touch, Side, Touch,

1 – 2 Step forward right, step left beside right
3 – 4 Step forward right, touch left beside right
5 – 6 Turn ¼ left, stepping left to left side, touch right beside left
7 – 8 Step right to right side, touch left beside right

Vine Left, Touch, 1/4 Monterey Right

1 – 2 Step left to left side, step right behind left
3 – 4 Step left to left side, touch right beside left
5 – 6 Point right to right side, slide right beside left turning 1/4 turn right
7 – 8 Point left to left side, step left beside right.

Ending: Make the last Monterey without ¼ turn

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