

Sorry Sorry (十分抱歉) (zh)

COPPER KNOB
STEPPERS

拍數: 64 牆數: 2 級數: Improver
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音樂: Sorry, Sorry - SUPER JUNIOR : (CD: Korea Song)



第一段 Turn, Step, Touch, (4 Times) 轉踏點 總共四次

- 1-2 1/4 turn right, step R to right, touch L besides R
右轉90度右足右踏, 左足併點
- 3-4 1/2 turn left, step L to left, touch R besides L
左轉180度左足左踏, 右足併點
- 5-6 1/4 turn right, step R to right, touch L besides R
右轉90度右足右踏, 左足併點
- 7-8 1/2 turn left, step L to left, touch R besides L [6]
左轉180度左足左踏, 右足併點(面向6點鐘)

第二段 Walk Forward, Cross, Point, Walk Back, Point 走走交叉點, 後走走走點

- 1-2 Walk forward on R, L 右足前走, 左足前走
- 3-4 Cross R over L, point L to left
右足於左足前交叉踏, 左足左點
- 5-6 Walk backward on L, R 左足後走, 右足後走
- 7-8 Step back on L, point R to right 左足後踏, 右足右點

第三段 Step, 1/4 Turn Step, 1/2 Turn Step, Kick, Walk, 1/2 Turn Step, Kick 後踏 1/4, 1/2, 踢, 走, 走, 1/2, 踢

- 1-2 Step R behind L, 1/4 turn left and step forward on L
右足於左足後踏, 左轉90度左足前踏
- 3-4 1/2 turn left & step back on R, kick L
左轉180度右足後踏, 左足前踢
- 5-6 Step down on L, step forward on R 左足踏, 右足前踏
- 7-8 1/2 turn right & step back on L, kick R [3]
右轉180度左足後踏, 右足前踢(面向3點鐘)
(Throw arms forward as you kick)
當你做前踢時, 雙手往前拋

第四段 Jazz Box 1/4 Turn, Hitch, Step-Sit, Head Turns 爵士方塊轉1/4帶抬, 踏-坐, 頭轉

- 1-2 Cross R over L, step back on L
右足於左足前交叉踏, 左足後踏
- 3-4 1/4 turn right, step R to right, hitch L (Body contraction, point right finger front) 右轉90度右足右踏,
左膝抬(身體縮, 右手前指)
- 5-6 Step back on L, step back and sit on R
左足後踏, 右足後踏坐姿
- 7-8 Look over right shoulder, look front [6]
向右看, 向前看(面向6點鐘)

第五段 Recover, Step Out-Out-In-In, Turn Touch (Twice) 回復, 大大小小, 轉點, 轉點

- &1-2 Recover on L (&), step out-out on R, L
左足回復, 右足右踏, 左足左踏
(Hand throws out-out in the air) 手跟著伸向外
- 3-4 Step in-in on R, L 右足回踏, 左足併踏
(Bring hands in, on tummy) 手跟著向內收回放在肚子
- 5-6 1/4 turn right & step R to right, touch L besides R
右轉90度右足右踏, 左足併點
- 7-8 1/2 turn left & step L to left, touch R besides L [3]
左轉180度左足左踏, 右足併點(面向3點鐘)

第六段 Step-Flick (Twice), Step, Stoop & Heel Lift (Twice)
踏 抬(二次), 踏 彎腰 踵(二次)

- 1-2 Step R to right, flick L behind R & slap with right hand
右足右踏, 左足於右足後抬右手拍左足
- 3-4 Step L to left, flick R behind L & slap with left hand
左足左踏, 右足於足後抬左手拍右足
- 5-6 Step R to right, stoop down on R & lift left heel (Arms folded, look left) 右足右踏, 重心在右足彎腰
左踵抬(雙手交叉看左邊)
- 7-8 Step down on L, stoop down on L & lift right heel (Arms folded, look right) [3] 左足踏, 重心在左足
彎腰右踵抬(雙手交叉看右邊)(3點鐘)

第七段 Vine-Turn, Point Forward, Point Out-In-Out, Step
華倫右1/4, 前點, 左點, 併點, 左點, 踏

- 1-2 Step down on R, step L behind R
右足踏, 左足於右足後踏
- 3-4 1/4 turn right and step R to right, point L forward (lean back slightly) 右轉90度右足右踏, 左足前
點(身體略後)
- 5-6 Straighten up and point L to left, touch L besides R
身體伸直左足左點, 左足併點
- 7-8 Point L to left, step L besides R [6]
左足左點, 左足併踏(面向6點鐘)

第八段 Point Out-In-Out-In, Hand Movement
右點 併點 右點 併點, 手移動

- 1-2 Point R to right, touch R besides L 右足右點, 右足併點
- 3-4 Point R to right, touch R besides L 右足右點, 右足併點
- 5-8 Put palms together and move hands from left to right [6]
雙手合併, 手由左移到右(面向6點鐘)
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