

# Pigeon's Foot

拍數: 40      牆數: 4      級數: Easy Intermediate Polka  
編舞者: Magali CHABRET (FR) - November 2015  
音樂: Pigeon's Foot - The Lonesome Trio : (CD: The Lonesome Trio)



## #16 counts intro

### Section 1 – RIGHT TRIPLE FWD, LEFT TRIPLE FWD, OUT-OUT, HOLD, RIGHT SAILOR

1&2      Step right forward – step left beside right – step right forward  
3&4      Step left forward – step right beside left – step left forward  
&5-6      Step right diagonally right forward (out) – step left to left side (out) – hold  
7&8      Step ball of right behind left – step left to side – step right to side

### Section 2 – TOUCH, SCOOT, BACK, BACK ROCK, KICK BALL STEP, KICK BALL TOUCH

1&2      Touch left toe behind right – scoot back on ball of right – step back on left  
3-4      Rock back on right – recover onto left  
5&6      Kick right forward – step right next to left – step left forward  
7&8      Kick right forward – step right next to left – touch left toe beside right

### Section 3 – CHASSE L, ¼ RIGHT WITH CHASSE R, ¼ RIGHT WITH CHASSE L, ¼ RIGHT WITH CHASSE R

1&2      Step left to side – step right beside left – step left to side  
3&4      1/4 turn right stepping right to side – step left beside right – step right to side  
5&6      1/4 turn right stepping left to side – step right beside left – step left to side  
7&8      1/4 turn right stepping right to side – step left beside right – step right to side (9:00)

### Section 4 – HEEL GRIND, SIDE, BEHIND, SIDE, HEEL GRIND, SIDE, TOGETHER (appart position), SWIVET

1-2      Cross left heel over right – grind left heel stepping right to side  
3&      Step left behind right – step right to side  
4-5      Cross left heel over right – grind left heel stepping right to side  
6      Step left beside right (appart position)  
7-8      Swivel right toe to right & left heel to left – drop to center (weight on right)

Option fun : &7&8 Swivet to right (&) – drop to center (7) - Swivet to left (&) – drop to center (8)

### Section 5 – LEFT ROLLING VINE, HOLD, RIGHT JAZZ BOX SQUARE

1-2-3      1/4 turn left stepping left forward – 1/2 turn left stepping back on right – 1/4 turn left stepping left to side (9:00)  
4      Hold \*\* Restart \*\*  
5-8      Cross right over left – step back on left – step right to side – step left forward

RESTART : during 3rd and 7th walls, dance 36 counts, then Restart from the beginning, face to 3:00

« Croquez la vie à pleines danses ! » □

Original stepsheet of the choreographer - galicountry76@yahoo.fr - www.galichabret.com