Woman In Love

拍數: 64

級數: Intermediate

編舞者: Maria Tao (USA) - January 2016

音樂: A Woman In Love - Bobby Prins

Intro: 16 counts

[S1] SIDE, HOLD, BEHIND, CROSS, 1/4 TURN R, HOLD, STEP L FWD, 3/4 SPIRAL TURN R

- 1-4 Big step left to left, hold, step right behind left, cross left over right
- 5-6 1/4 turn R stepping right forward, hold
- 7-8 Step left forward, 3/4 turn spiral turn R [12:00]

[S2] SIDE ROCK, RECOVER, CROSS, HITCH, BACK, SWEEP, BACK, DRAG

- 1-4 Rock right to right, recover onto left, cross right over left, hitch left knee
- 5-8 Step left back, sweep right front to back, step right back, drag left towards right
- **** RESTART here on Wall 3 facing 12:00

[S3] 1/4 TURN L, SWEEP 1/4 TURN L, CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE

- 1-2 1/4 turn L stepping left forward, sweep right around making 1/4 turn L [6:00]
- 3-6 Cross right over left, step left to left, step right behind left, sweep left front to back
- 7-8 Step left behind right, step right to right

[S4] CROSS ROCK, HOLD, RECOVER, SIDE, CROSS ROCK, HOLD, RECOVER, 1/4 TURN R

- 1-4 Cross rock left over right, hold, recover onto right, step left to left
- 5-8 Cross rock right over left, hold, recover onto left, 1/4 turn R stepping right forward [9:00]

[S5] LOCK STEP FWD WITH HOLD, 1/4 TURN R LOCK STEP FWD WITH HOLD

- 1-4 Step left forward, hold, lock right behind left, step left forward
- 5-8 1/4 turn R stepping right forward, hold, lock left behind right, step right forward [12:00]

[S6] SIDE, HOLD, BEHIND, CROSS, 1/4 TURN L, HOOK, 1/2 TURN L STEP FWD (L & R)

- 1-4 Big step left to left, hold, step right behind left, cross left over right
- 5-6 1/4 turn L stepping right back, hook left up slightly
- 7-8 1/2 turn L stepping left forward, step right forward [3:00]

[S7] LUNGE FWD, HOLD, RECOVER, STEP BACK, CROSS, HOLD, ROCK & 1/4 TURN R

- 1-4 Lunge left forward to left diagonal, hold, recover weight on right, step left back
- 5-8 Cross right over left, hold, rock left to left, 1/4 turn R recover stepping right forward

[S8] STEP L FWD, HOLD, FULL TURN L, SIDE, HOLD, BACK ROCK, RECOVER

- 1-4 Step left forward, hold, 1/2 turn L stepping right back, 1/2 turn L stepping left forward
- 5-8 Step right to right, hold, rock left back, recover onto right [6:00]

START AGAIN!

RESTART: On Wall 3, dance up to count 16 - then restart the dance facing 12:00

ENDING: Last wall starts facing 12:00 - dance up to count 16 - add following steps to finish facing the front:

- 1-4 1/4 turn L stepping left forward, hold, cross right over left, unwind 3/4 turn L
- 5-8 Big step left to left, drag right towards left, touch right beside left, hold

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牆數:2