

Whip it!

拍數: 32 牆數: 4 級數: Novice
編舞者: Maïté Wauters & Mélodie Wauters - November 2015
音樂: Whip It! (feat. Chloe Angelides) - LunchMoney Lewis



TOUCH, TOGETHER, TOUCH, BODY ROLL BACK, RONDE FULL TURN, STEP, TOUCH

- 1 RF□ Touch side right, body diagonally left
- & RF□ Step next to LF
- 2 LF□ Touch side left, body diagonally right
- 3 Body roll back
- & RF□ Step next to LF
- 4 LF□ Step side left
- 5 RF□ Left full turn with a ronde
- 6 RF□ Finish ronde (12:00)
- 7 RF□ Step side right
- 8 LF□ Step touch forward

STEP, TOUCH, SYNCOPATED VINE, PIVOT 1/4 TURN (3:00), TOGETHER, BEND KNEES.

- 1 LF□ Step side left
- 2 RF□ Step touch forward
- 3 RF□ Step side right
- 4 LF□ Cross behind RF
- & RF□ Step side right
- 5 LF□ Step forward, 1/4 turn right (3:00)
- 6 RF□ Step side right
- 7 LF□ Step next to RF, bend knees
- 8 Come up

OUT, OUT, IN, IN, PIVOT BACKWARD ½ TURN RIGHT (9:00), PIVOT BACKWARD ½ TURN (3:00)

- 1 RF□ Step diagonally right forward
- 2 LF□ Step side left
- 3 RF□ Step backward
- 4 LF□ Step next to RF
- 5 RF□ Step back, ½ turn right (9:00)
- 6 LF□ Step back
- 7 RF□ Step back, ½ turn right (3:00)
- 8 LF□ Step back

HITCH, COASTER STEP, HITCH, FORWARD, HITCH, FORWARD, SIDE, SIDE, SLIDE TOGETHER

- 1-2 RF□ Hitch
- 3 RF□ Step back
- & LF□ Step next to RF
- 4 RF□ Step forward
- 5 LF□ Step next to RF and Hitch with RF
- & RF□ Step forward
- 6 LF□ Step next to RF and Hitch with RF
- 7 RF□ Step side right
- & LF□ Step side left
- 8 Slide feet together

TAG: After the 8th wall

SAILOR STEP (x2), FORWARD

- 1 RF □ Cross behind LF
- & LF □ Step side left
- 2 RF □ Step side right
- 3 LF □ Cross behind RF
- & RF □ Step side right
- 4 LF □ Step side left
- 5 RF □ Step forward
- 6 LF □ Step next to RF
- 7 Raise right fist
- 8 Wait

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