

Higher

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bambang Satiyawan (INA) - December 2015
音樂: Higher - Gloria Estefan : (Album Version)



Start dance on lyric

I. □HITCH-BACK TOUCH-PIVOT-SIDE TOUCH-CROSS OVER-SIDE TOUCH-PIVOT

- 1 – 2 Hitch your R, Touch R back
- 3 – 4 Turn ½ right step R in place, Touch L to side
- 5 – 6 Cross L over R, Touch R to side
- 7 – 8 Step R forward, Turn ½ left step L in place

II. DOROTHY STEP-PIVOT-WALK

- 1 – 2& Step R diagonal forward, Lock L behind R, Step R diagonal forward
- 3 – 4& Step L diagonal forward. Lock R behind L, Step L diagonal forward
- 5 – 6 Step R forward, Turn ½ left step L in place
- 7 – 8 Walk R-L

III. (HEEL GRIN-COASTER STEP)2X

- 1 – 2 Touch R heel forward, Grin R heel to right
- 3 & 4 Step R back, Close L beside R, Step R forward
- 5 – 6 Touch L heel forward, Grind L heel to left
- 7 & 8 Step L back, Close R beside L, Step L forward

IV. HITCH-HITCH TURN-COASTER STEP-ROCK RECOVER-BACK LOCK SHUFFLE

- 1 – 2 Hitch R knee, Turning ¼ right hitch R knee
- 3 & 4 Step R back, Close L beside R, Step R forward
- 5 – 6 Rock L forward, Recover on R
- 7 & 8 Step L back, Lock R over L, Step L back

*ON WALL 2,4,6 CHANGE BACK LOCK SHUFFLE WITH COASTER STEP

V. HOOK-FORWARD STEP-PIVOT-BOTA FOGO

- 1 – 2 Hook R over L, Step R forward
- 3 – 4 Step L forward, Turn ¼ right step R in place
- 5 & 6 Cross L over R, Ball R to side, Step L in place
- 7 & 8 Cross R over L, Ball L to side, Step R in place

VI. PIVOT-CROSS MAMBO-CROSS MAMBO-CROSS MAMBO

- 1 – 2 Step L forward, Turn ¼ right step R in place
- 3 & 4 Cross L over R, Step R in place, Step L to side
- 5 & 6 Cross R over L, Step L in place, Step R to side
- 7 & 8 Cross L over R, Step R in place, Step L to side

VII. TOUCHES-SAILOR STEP-TOUCHES-SAILOR TURN

- 1 – 2 Touch R forward, Touch R to side
- 3 & 4 Cross R behind L, Step L slightly side, Step R to side
- 5 – 6 Touch L forward, Touch L to side
- 7 & 8 Turning ¼ left step L behind R, Turning ¼ left step R in place, Step L slightly forward

VIII. OUT OUT-IN IN-PIVOT2X

- 1 – 2 Step R diagonal forward, Step L diagonal forward
- 3 – 4 Step R back to center, Step L back to center

5 – 6 Step R forward, Turn ½ left step L in place
7 – 8 Step R forward, Turn ½ left step L in place

TAG and RESTART :

-On wall 2 in section IV, change back lock shuffle with coaster step and than restart again
-After wall 5 do the out-out-in –in start with R and than restart again

TAG and VARIATION :

-On wall 4 (twice) and 6 (twice) section IV, change back lock shuffle with coaster step and than do the variation

VARIATION on wall 4 and 6 :

-FORWARD MAMBO-BACK MAMBO-SIDE MAMBO (R-L)

1 & 2 Step R forward, Step L in place, Close R beside L
3 & 4 Step L back, Step R in place, Close L beside R
5 & 6 Step R to side, Step L in place, Close R beside L
7 & 8 Step L to side, Step R in place, Close L beside R

-CUMBIA (R-L),PADDLE TOUCH

1 & 2 Step R behind L, Step L in place, Step R to side
3 & 4 Step L behind R, Step R in place, Step L to side
5 – 6 Turn ¼ left touch R to side, Turn ¼ left touch R to side
7 – 8 Turn ¼ left touch R to side, Turn ¼ left touch R to side

Enjoy the dance....

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