

Never Gets Old

拍數: 64 牆數: 2 級數: Improver
編舞者: Julie Lockton (ES) - January 2016
音樂: Never Gets Old - Penguin Prison : (3:16)



Count in: 16 Seconds

SECTION ONE: ROCK RECOVER, SHUFFLE, TOUCH, KICK, COASTER STEP

1-2-3&4 Rock back on the right, recover onto left, shuffle forward right, left, right
5-6-7&8 Touch left next to right, kick left forward, step back on the left, step right to left, step forward on the left (12:00)

SECTION TWO: ROCK RECOVER, SHUFFLE BACK, POINT PIVOT, MAMBO STEP

1-2-3&4 Rock forward on the right, recover onto left, shuffle back right, left, right
5-6-7&8 Point left toes back, pivot ½ turn over left shoulder to 06:00 placing weight onto left as you turn, step forward on the right, step onto left, step back onto right (06:00)

SECTION THREE: ROCK RECOVER, FORWARD SHUFFLE, SHUFFLE ½ TURN, COASTER STEP

1-2-3&4 Rock back on the left, recover onto the right, shuffle forward left, right, left
5&6-7&8 Shuffle forward right – left - right making a ½ turn to 12:00 (over the right shoulder), step back on the left, step right to left, step forward on the left

SECTION FOUR: WALK FORWARD x 4, MAMBO STEP, COASTER STEP

1-2-3-4 Walk forward right, walk forward left, walk forward right, walk forward left
5&6-7&8 Step forward right, step back onto left, step back on the right, step back on the left, step right to left, step forward on the left (12:00)

SECTION FIVE: BIG STEP RIGHT & TOUCH, KICK BALL CROSS, BIG STEP LEFT & TOUCH, KICK BALL CROSS

1-2-3&4 Take a big step to the right, touch the left next to right, kick the left forward, step onto left, cross right across left (on the &4 count add in optional clap clap)
5-6-7&8 Take a big step to the left, touch the right next to left, kick the right forward, step onto right, cross left across right (12:00) (on the &8 count add in optional clap clap)

SECTION SIX: FULL CIRCLE "PADDLE TURNS" BACK TO 12:00

1-2-3-4 Step forward on the right (1) , pivot left foot ¼ turn to 09:00 (2), step forward on the right (3), pivot left foot ¼ turn to 06:00 (4)
5-6-7-8 Step forward on the right (5), pivot left foot ¼ turn to 03:00 (6), Step forward on the right (7), pivot left foot ¼ turn to 12:00 (8) (weight is on the left)

RESTART HERE - DURING WALL 2

SECTION SEVEN: CROSS ROCK RECOVER, RIGHT CHASSE, CROSS ROCK RECOVER, LEFT CHASSE

1-2-3&4 Cross right over left, recover onto left, shuffle (chasse) to the right (step right to right side, step left beside right, step right to right side)
5-6-7-& Cross left over right, recover onto right, shuffle (chasse) to the left (step left to left side, step right beside left, step left to left side (12:00)

SECTION EIGHT: FORWARD SHUFFLE MAKING ¼ TURN TO 09:00, SHUFFLE BACK MAKING ¼ TURN TO 06:00, WALK RIGHT, WALK LEFT, STEP RIGHT TO LEFT, HEEL FAN

1&2-3&4 Shuffle forward right – left – right making ¼ turn to 09:00 (1&2), Shuffle back over left shoulder left – right – left making a ¼ turn to 06:00 (3&4)
5-6-7&8 Walk forward on the right (5) , walk forward on the left (6) , step right beside left (7), fan both heels out (&), bring both heels back to place (8) 06:00

END OF DANCE!
