You Know What I Like



拍數: 32 牆數: 4 級數: Beginner

編舞者: Joe Sexton (USA) & Company - December 2015

音樂: The Shake - Neal McCoy



Intro: 16 counts (at start of vocals)

(1-8) Bump Hips, Touch, Bump Hips, Touch

Step side L Bumping hips left, Bump hips right, Bump hips left, Touch R next to L
 Step side R Bumping hips right, Bump hips left, Bump hips right, Touch L next to R

RESTART: On 5th and 9th wall restart dance from beginning

(9-16) Rocking Chair, Step, 1/2 Pivot, Together, Hold

1-4 Rock fwd L, Replace weight R, Rock back L, Replace weight R 5-8 Step fwd L, Pivot 1/2 right (weight on R), Step L next to R, Hold

(17-24) Shimmy to the Right, Shimmy to the Left

Step side R, Slide L touching next to R shimming upper body
Step side L, Slide R touching next to L shimming upper body

(During the shimmy try other movements like the TUT or the WOBBLE Remember it is all about the shake)

(25-32) Toe Struts, Jazz Box Turn, Touch

1-4 Touch R. toe fwd, Drop R. heel with weight, Touch L. toe fwd, Drop L heel with weight (During the toe struts, you can shimmy the upper body, or do Jazz hands or the swim move, That's right it is all about the SHAKE)

5-8 Cross R slightly over L, Step back on L making ¼ turn R, Step fwd on R, Touch L next to R

Start Again

** Restarts – On the 5th and 9th wall (that is the first 2 times you come back to your starting wall) Restart after the first set of 8.

Dance works well without Restarts but if you want to shake it to the left at the same time as the song, do the Restart.

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