

Marathon Okies

COPPER **KNOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Arto Liekola (FIN) - December 2015
音樂: Do Re Mi - John Mellencamp



Sequence: intro, wall 1, wall 2 (16 steps), wall 3, wall 4, intro, wall 5, wall 6 (16 steps), wall 7, wall 8

Intro: 28 counts

SHUFFLE FORWARD X 2, PIVOT TURN 1/2 LEFT

1&2 Shuffle forward: right, left, right
3&4 Shuffle forward: left, right, left
5-6 Step right forward, turn 1/2 left

SHUFFLE FORWARD, CHASSE LEFT, ROCK BACK, CHASSE RIGHT

1&2 Shuffle forward: right, left, right
3&4 Chasse left: left, right, left
5-6 Rock right back, recover weight forward onto left
7&8 Chasse right: right, left, right

SHUFFLE FORWARD X 2, PIVOT TURN 1/2 RIGHT

1&2 Shuffle forward: left, right, left
3&4 Shuffle forward: right, left, right
5-6 Step left forward, turn 1/2 right

SHUFFLE FORWARD, CHASSE RIGHT, ROCK BACK, CHASSE LEFT

1&2 Shuffle forward: left, right, left
3&4 Chasse right: right, left, right
5-6 Rock left back, recover weight forward onto right
7&8 Chasse left: left, right, left

Dance: 32 counts

SHUFFLE FORWARD, PIVOT TURN 1/4 RIGHT, TOUCH SIDE CROSS STEP X 2

1&2 Shuffle forward: right, left, right
3-4 Step left forward, turn 1/4 right
5-6 Touch left to left side, cross step left over right
7-8 Touch right to right side, cross step right over left

SHUFFLE FORWARD, PIVOT TURN 1/2 LEFT, TOUCH SIDE CROSS STEP X 2

1&2 Shuffle forward: left, right, left
3-4 Step right forward, turn 1/2 left
5-6 Touch right to right side, cross step right over left
7-8 Touch left to left side, cross step left over right

(RESTART wall 2 and 6, add RIGHT SIDE ROCK & RECOVER wall 1 and 5

9-10 Rock step right foot to right side, recover weight on left foot)

SHUFFLE TURN 1/2 LEFT, COASTER STEP, SHUFFLE FORWARD, KICK-BALL-CHANGE

1&2 Shuffle forward turn 1/2 left : right, left, right
3&4 Step left foot back, step right foot together, step left foot forward
5&6 Shuffle forward: right, left, right
7&8 Kick left forward, step left beside right, step right in place

STEP BACK, TURN 1/2 LEFT, SHUFFLE TURN 1/2 LEFT X 2, WALK FORWARD

1-2 Step left back, turn 1/2 left

3&4 Shuffle forward turn 1/2 left: right, left, right
5&6 Shuffle back turn 1/2 left: left, right, left
7-8 Step right forward, step left forward
(Add RIGHT SIDE ROCK & RECOVER wall 1
9-10 Rock step right foot to right side, recover weight on left foot).

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