

Shanghai Surprise (上海驚奇) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jo Thompson Szymanski (USA) & Rachael McEnaney (USA) - 2010年09月
音樂: Jumpin' the Jetty - Coastline : (CD: Sneakin Out Back)



前奏 : Count In: 16 counts from first beat. Dance begins on vocals. 16拍後唱歌起跳

第一段 Forward R Coaster, L Lock Back, Rock Back On R, 2x Walk Forward R-L.
海岸步, 後鎖步, 後下沉 回復, 走走

1&2 Step forward on right foot (1), step left next to right (&), step back on right foot (2) 12.00
右足前踏, 左足併踏, 右足後踏(面向12點鐘)

3&4 Step back on left (3) lock right foot in front of left (&), step back on left (4) 12.00
左足後踏, 右足於左足前鎖踏, 左足後踏(面向12點鐘)

5-6 Rock back on right (5), recover weight onto left (6) 12.00
右足後下沉, 左足回復(面向12點鐘)

7-8 Walk forward on right (7), walk forward on left (8) 12.00
右足前走, 左足前走(面向12點鐘)

Styling: do these two walks as swivel walks or boogie walks
這兩個走步可以旋轉走步或搖滾走步前進

第二段 R Kick Side Rock, R Sailor Step, L Sailor Step, ½ Turn R, Step Side R
踢 右下沉 回復, 右水手, 左水手, 右轉 右踏

1&2 Kick right foot forward (1), rock ball of right foot to right side (&), step left foot in place (2) 12.00
右足前踢, 右足右下沉, 左足回復(面向12點鐘)

3&4 Cross right behind left (3), step left next to right (&), step right to right side (4) 12.00
右足於左足後交叉踏, 左足併踏, 右足右踏(面向12點鐘)

5&6 Cross left behind right (5), step right next to left (&), step left to left side (6) 12.00
左足於右足後交叉踏, 右足併踏, 左足左踏(面向12點鐘)

7-8 Make ½ turn right on ball of left foot as you lift right knee (right foot should be close to left leg) (7), step right to right side (8) 6.00
重心在左足右轉180度右膝抬(右足緊併左腿), 右足右踏(面向6點鐘)

RESTART: 6th wall begins facing 9.00 – Do the first 15 counts of the dance which will take you to the ½ turn right lifting right knee 9.00

第六面牆面向9點鐘時, 跳到第二段第7拍右膝抬右轉180度時, 以下面動作後(代替原來的右足右踏), 從頭起跳

&8 (Instead of stepping right foot to side) step in place on ball of right foot (&), step in place with left (8)
(weight ends left ready to start again facing 3.00 wall) 3.00
右足踏, 左足踏將重心移至左足(面向3點鐘)

第三段 L Cross Rock, Ball Cross, L Brush, L Behind Side Cross, R "Heel Around" (Swivel On L Foot)
交叉下沉 回復 左 交叉, 刷, 後 旁 前交叉, 以左踵旋轉 交叉

1-2 Cross rock left over right (1), recover weight onto right (2) 6.00
左足於右足前交叉下沉, 右足回復(面向6點鐘)

&3-4 Step left to left side (&), cross right over left (3), Brush left ball of foot to left diagonal (4) 4.30
左足左踏, 右足於左足前交叉踏, 左足左斜角前刷(面向4:30)

5&6 Cross left behind right (5), step right to right side (&), cross left over right (6) (body is naturally angled at this point towards 7.30) 7.30 左足於右足後交叉踏, 右足右踏, 左足於右足前交叉踏(面向7:30)

7-8 Lift right knee up (right foot is close to left heel) as you swivel on ball of left to face left diagonal (4.30) (7), cross right over left (8) 4.30
右膝抬(右足緊靠左足踵)左轉面向左斜角4:30, 右足於左足前交叉踏(面向4:30)

第四段 L Syncopated Chasse, R Touch, 1 ¼ Turn Right.
變奏左追步, 併點, 1又1/4右轉圈

- 1-2 Step left to left side (squaring up to face 6.00 wall) (1), hold (2) 6.00 左足左踏(轉正面向6點鐘), 候(面向6點鐘)
- &3-4 Step right next to left (&), step left to left side (3), touch right next to left (4) 6.00 右足併踏, 左足左踏, 右足併點(面向6點鐘)
- 5-6 Make $\frac{1}{4}$ turn right stepping forward on right (5), make $\frac{1}{2}$ turn right stepping back on left (6) 3.00 右轉90度右足前踏, 右轉180度左足後踏(面向3點鐘)
- 7-8 Make $\frac{1}{2}$ turn right stepping forward on right (7), step forward on left (8) 9.00 右轉180度右足前踏, 左足前踏(面向9點鐘)

ENDING: 10th wall begins facing 6.00 – Do the first 8 counts of the dance twice, then repeat the first 4 counts – then add the following steps: (use the “lyrics” rather than count)

第十面牆面向6點鐘, 跳第一段兩次後, 跳第一段前面4拍後, 配合歌詞做下列動作

- 5-7 Touch right toe back (5 “dip”), make $\frac{1}{2}$ turn right putting weight onto right (6 “dip”), step left to left side (7 “dip”) 12.00
 “dip”右足趾後點
 “dip”右轉180度重心在右足
 “dip”左足左踏(面向12點鐘)
- 8-3 Touch right toe next to left (8 “on”), make $\frac{1}{4}$ turn stepping forward on right (1 “oth-“), make $\frac{1}{2}$ turn stepping back on left (2 “-er”), make $\frac{1}{4}$ turn taking a big step to right side dragging left towards right (3 “side.....”) 12.00
 “on” 右足趾併點
 “oth-“ 右轉90度右足前踏
 “-er” 右轉180度左足後踏
 “side....” 右轉90度右足右一大步左足拖併踏(面向12點鐘)
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