

Country & High Heels

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - December 2015
音樂: Country Ain't Never Been Pretty - Cam : (Album: Untamed 2015)



Intro: Start after 16 counts from the beginning

[1 – 8] □ Cross Rock , Recover, Side Shuffle, Cross, Side , Sailorstep ¼ L

1 – 2 Rock R across L, Recover on L
3 & 4 Step R to R side, Step L next to R, Step R to R side
5 – 6 Step L across R, Step R to R side
7 & 8 Sweep L behind R with ¼ Turn L and step L back, Step R next to L, Step L fwd (09.00)

[9-16] □ Jump (travelling fwd) Out Out Clap x2 Hip bumps x2

&1-2 Jump fwd with R out, L out, Clap
&3-4 Jump fwd with R out , L out, Clap
5 & 6 Bump hips R,L,R
7 & 8 Bump hips L,R,L **R**

[17-23] □ Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step

1 – 2 Rock R fwd, Recover on L
3 & 4 Step R ¼ Turn R, Step L next to R, ¼ Turn Step R fwd (03.00)
5 – 6 Step L fwd, ½ Turn L step R back (09.00)
7 & 8 Step L back, Step R next to L, Step L fwd

[24-32] □ Rocking Chair, Vine L

1 – 2 Rock R fwd, Recover on L
3 – 4 Rock R back , Recover on L
5 – 6 Step R across L, Step L to L side
7 – 8 Step R behind L, Step L to L side

Start again

Restarts : **R**

During wall 5, 8, 11 after count 16. Start again with count 1

Ending: Last wall ends on the 3 O'clock wall

Dance until count 14 then make ¼ Turn L to face the front wall again

Website: www.franciensittrop.nl