

Speak With Your Heart (真心告白) (zh)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - 2009年05月
音樂: Don't Tell Me You're Not In Love - Collin Raye : (CD: Never Going Back)



前奏 : Start after 32 count intro 32拍後起跳

第一段 **R Side, L Cross Rock & Recover, L Cha With ¼ L, R Fwd, ¼ L Pivot Turn, R Cross Shuffle**
右側, 左交叉下沉回復, 左1/4追步轉, 右前, 左1/4, 右交叉交換

1-3 Step R side, L cross rock, recover weight on R
右足右踏, 左足交叉下沉, 右足回復

4&5 Step L side, step R together, turning ¼ left step L forward (9 o'clock) 左足左踏, 右足併踏, 左轉90度左足前踏(面向9點鐘)

6-7 Step R forward, pivot ¼ left (6 o'clock)
右足前踏, 左軸轉90度(面向6點鐘)

8&1 Cross step R over L, step L side, cross step R over L
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏

ENDING: DURING the 9th wall (which starts facing L side wall) to end the dance facing front: dance counts 1-5 above and then add the following:
跳至第九面牆為了面向前面牆結束, 1-5拍照舊, 改變剩下舞步

6-7 Step R forward, pivot ½ L (12 o'clock)
右足前踏, 左軸轉180度(面向12點鐘)

8&1 Step R forward, step L together, step R forward & hold
右足前踏, 左足併踏, 右足前踏(停拍)

第二段 **L Side Rock & Recover, L Sailor, R Behind, ¼ Step L Fwd, R Fwd, L Fwd Rock & Recover**
左下沉回復, 左水手, 右後, 左1/4前踏, 右前, 左前下沉回復

2-3 Rock L side, recover weight on R 左足左下沉, 右足回復

4&5 Cross step L behind R, step R side, step L side
左足於右足後交叉踏, 右足右踏, 左足左踏

6&7 Cross step R behind L, turning ¼ left step L forward, step R forward (3 o'clock)
右足於左足後交叉踏, 左轉90度左足前踏, 右足前踏(面向3點鐘)

8-1 Rock L forward, recover weight on R 左足前下沉, 右足回復

第三段 **Full L Turn Back, L Coaster Step, R Syncopated Fwd Box Step, Start Of L Box Back** 左後轉圈, 左海岸, 右變奏前方塊, 準備左後方塊

2-3 Travelling back turn ½ left and step L forward, turning ½ left step R back (3 o'clock)
左轉180度左足前踏, 左轉180度右足後踏 (面向3點鐘)

Easy: Walk back only on counts 2-3 左足後走, 右足後走

4&5 Step L back, step R together, step L forward
左足後踏, 右足併踏, 左足前踏

6&7 Step R side, step L together, step R forward
右足右踏, 左足併踏, 右足前踏

8 Step L side 左足左踏

第四段 **Finish The Box (Side/Together), R Back, L Coaster, R Fwd, ¼ L Pivot, ¼ L & R Cha**
接續左後方塊, 右後, 左海岸, 右前, 左1/4, 左1/4, 右追步

1-3 Step R together, step L back, step R back
右足併踏, 左足後踏, 右足後踏

4&5 Step L back, step R together, step L forward
左足後踏, 右足併踏, 左足前踏

6-7 Step R forward, pivot ¼ left swaying hips (6 o'clock)
右足前踏, 左軸轉90度推臀(面向6點鐘)

- 8& Turning $\frac{1}{4}$ left step R side, step L together (9 o'clock)
左轉90度右足右踏, 左足併踏(面向9點鐘)
(completing the cha on count 1 to start the dance again)
與第一段第1拍接續成一右追步

TAG: AFTER dancing 4 walls you will be facing the front wall again. Dance the following 8 counts and begin the dance again facing front.

加拍：第四面牆面向前面牆時, 加下面8拍後從頭起跳

- 1-3 Step R side, L cross rock, recover weight on R
右足右踏, 左足交叉下沉, 右足回復
- 4&5 Step L side, step R together, turning $\frac{1}{4}$ left step L forward (9 o'clock) 左足左踏, 右足併踏, 左轉90度左足前踏(面向9點鐘)
- 6-7 Step R forward, pivot $\frac{1}{2}$ left (3 o'clock)
右足前踏, 左軸轉180度(面向3點鐘)
- 8& Turning $\frac{1}{4}$ right step R side, step L together (12 o'clock)
右轉90度右足右踏, 左足併踏(面向12點鐘)
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