

# El Pasado

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Polly Hu (USA), Jenny Tsai (USA) & Annie Wang (USA) - December 2015  
音樂: El Pasado - Win y Mauro : (iTunes, amazon.com, etc.)



Count in: Dance starts almost immediately. You will hear lyrics "El Pasado", start on "sado"

**S1: R forward mambo, L back mambo, R cross shuffle, L side rock cross**

1&2      Rock forward R, recover weight L, step back R (12.00)  
3&4      Rock back L, recover weight R, step forward L  
5&6      Cross R over L, step L to left side, cross R over L  
7&8      Rock L to left side, recover weight R, cross L over R

**S2: R side, L together, R chasse, L&R back rock side**

1-2      Step R to right side, step L next to R  
3&4      Step R to right side, step L next to R, step R to right side  
5&6      Cross L behind R, recover weight R, step L to left side  
7&8      Cross R behind L, recover weight L, step R to right side

**S3: L Charleston, L forward touch with ¼ turn right, L back, R back mambo with touch**

1-4      Touch L toe forward, step L back, touch R toe back, step R forward  
5-6      Make ¼ turn right touching L toe forward, step L back (3.00)  
7&8      Rock back R, recover weight L, touch R toe next to L

**S4: Half paddle turn left with R knee hitches, half paddle turn right with hip bumps**

1&      Point R toe out to right side making 1/8 turn left, hitch R knee  
2&      Repeat 1&  
3&      Repeat 1&  
4      Make 1/8 turn left stepping R forward (9.00)

**\*\* Optional arms for count 1&2&3&4: lift L arm up, take R arm down to right side 45°. Turn your wrists like you are turning light bulbs in the air.**

5&      Point L ball out to left side with hip bump to left side, make 1/8 turn right with hip bump to right side

**\*\* Optional arms: with elbows bent, swing forearms to left side(5), swing forearms to right side(&)**

6&      Repeat 5&  
7&      Repeat 5&  
8      Make 1/8 turn right stepping L forward (3.00)

Contact: [jennytsai\\_2000@yahoo.com](mailto:jennytsai_2000@yahoo.com); [pollyhu1688@gmail.com](mailto:pollyhu1688@gmail.com),