Christmas Sleigh



拍數: 32 牆數: 4 級數: Beginner - Jazz Funky

編舞者: Christina Yang (KOR) - December 2015

音樂: Sleigh Ride - Karmin



Start the dance after 16 counts

SECTION 1: 4 TIMES OF TOE STRUCK, 1/2 TURN TO R WITH 8 TIMES OF WALKS

1&2& RF forward toe touch, Struck, LF forward toe touch, Struck

3&4& RF forward toe touch, struck, LF forward toe, struck

(Note: Body direction is diagonal to L side and face direction is center while dancing 1-4),

5&6& Circular step to R with 4 times (Both heel inside, both knee out and compressed)

7&8& Repeat the upper steps

(Note: Both elbow swing up and down while dancing 5-8)

SECTION 2: SIDE, TOUCH, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH(X2)

1&2& RF side, LF touch beside RF(Both hands make a half circle to R), LF side, RF touch beside

LF(Both hands make a half circle to L)

3&4& RF side, LF closed RF, RF side, LF touch beside RF(Both hands make a circle to R)

5&6& LF side, RF touch beside LF(Both hands make a half circle to L), RF side, LF touch beside

RF(Both hands make a half circle to R)

7&8& LF side, RF closed LF, LF side, RF touch beside LF(Both hands make a circle to L)

SECTION 3: CROSS, 1/4 TURN TO L WITH JAZZ BOX, FORWARD, FORWARD, 1/2 TURN TO L WITH CHASE TURN, FORWARD

1-2 RF cross over LF, LF cross over RF

3&4 1/4 turn to L with RF backward, LF side, RF forward

5-6&7 LF forward, RF forward, 1/2 turn to L with LF forward, RF forward

8 LF forward

SECTION 4: BOOGIE DROP LONG, CLAP(X2), FORWARD ROCK, CLAP, 1/4 TURN TO L WITH RECOVER, CLAP, FORWARD ROCK WITH CLAP, 1/4 TURN TO L WITH RECOVER, CLAP

1&2& RF diagonal tap with toe, RF tap further than front step, RF forward step, clap

3&4& LF diagonal tap with toe, LF tap further than front step, LF forward, clap

5&6& RF forward rock, clap, 1/4 turn to L with recover, clap 7&8& RF forward rock, clap, 1/4 turn to L with recover, clap

RESTARTS: -

On the 2nd, 4th, 7th wall, you should dance until 16 counts and start again.

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