

Keep My Cool

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Daniel Trepát (NL), José Miguel Belloque Vane (NL), Roy Verdonk (NL), Laura Bartolomei (FR), Guillaume Richard (FR) & Miquel Menéndez (ES) - November 2015
音樂: Keep My Cool - Madcon



Intro: 16 counts from first beat in music

Note: Specially choreographed for the FDF 10th year anniversary of Daniel Trepát

[1 – 8] □ Slide, Hold, Mambo Cross, Rock Step, Weave ¼ turn □

1 – 2 Step R in R diagonal (1), Hold (2) □ 12:00
3&4 Rock L to L (3), Recover on R (&), Cross L over R (4) □ 12:00
5 – 6 Rock R to R (5), Recover on L □ 12:00
7&8 Cross R behind L (7), ¼ turn L stepping L forward (&), Step R forward (8) □ 9:00

[9 – 16] □ Step, Mambo Cross, Mambo, Cross Shuffle ¼ turn, Step, Hitch ¼ turn □

1 – 2& Step L forward (1), Rock R to R (2), Recover on L (&) □ 9:00
3-4& Cross R over L (3), Rock L to L (4), Recover on R (&) □ 9:00
5&6 Cross L over R (5), ¼ turn L stepping R next to L (&), Cross L over R (6) □ 6:00
7-8 Step R to R (7), Hitch L turning ¼ L □ 3:00

[17 – 24] □ Step, Behind and Knee Pop, Triple Step, Step ½ turn, Step ¼ turn, Touch □

1 – 2 Step L forward (1), Step R behind L and bend L knee (2) □ 3:00
3 & 4 Step L forward (3), Step R behind L (&), Step L forward (4) □ 3:00
5 – 6 Step R forward (5), Turning ½ and put weight on L (6) □ 9:00
7 – 8 ¼ turn R stepping R to R side (7), Touch L next R (8) □ 6:00

[25 – 32] □ Skate Backwards, Coaster Cross ¼ turn, Step, Touch, Clap, Step, Ball Step □

1 – 2 Step L diagonally L back & turning the R toes to R (1), Step R diagonally R back & turning the L toes to L (2) □ 6:00
3&4 Step L back (3), Step R together (&), ¼ turn L crossing L over R (4) □ 3:00
5 – 6 Step R to R (5), Touch L next R & Clap (6) □ 3:00
7 & 8 Step L to L (7), Step R on ball next to L (&), Step L forward (8) □ 3:00

HAVE FUN AND WE ARE LOOKING FORWARD TO SEE YOU AGAIN!