

Just A Dream

拍數: 48 牆數: 0 級數: Intermediate WCS
編舞者: Gladys Boom Boom (FR) & Jeremie Tridon (FR) - December 2015
音樂: Just a Dream - Nelly



Phrase : A A B, A A B, A A A, A B B

Part A – 32 counts

A[1-8] □ step pivot turn, coaster step, pivots, ¾ turn

1-2 R step forward, ½ turn to right with L step backward
3&4 R step backward, L step close to R, R step forward
5-6 ½ turn to right with L step backward, ½ turn to right with R step forward
7&8 L step forward, ½ turn to right, ¼ turn to right with L step to left side

A[9-16] □ syncopated vine, ½ turn with rondé, hitch cross, side touch cross ½ turn

1&2 Cross R behind L, step L to left side cross R over L
&3&4 ¼ turn to left with L step forward, ¼ turn to left on L with R rondé, R hitch, cross R over L
5&6 Point L to left side, touch L close to R, L step to left side
7-8 Cross R behind L, ½ turn to right on L

A[17-24] □ Forward mambo, anchor step, step turn, ½ turn triple

1&2 R rock forward, recover to L, R step backward
3&4 L rock backward, recover to R, recover on L
5-6 R step forward, ½ turn to left
7&8 ¼ turn to left with R step to right side, ¼ turn to left and cross L over R, R step backward

A[25-32] □ L mambo cross, R mambo cross, step turn, kick side rock

1&2 L rock to left side, recover to R, cross L over R
3&4 R rock to right side, recover to L, cross R over L
5-6 L step forward, ½ turn to right
7&8& L Kick forward, L step close to R, R rock to right side, recover to L

Part B – 16 counts

B[1-8] □ side rock and side rock and rock, twists, hip bumps

1-2 R rock to right side, recover to L
&3-4 R step close to L, L rock to left side, recover to R
&5-6 L step close to R, R rock forward, recover to L
&7&8 Twist heels outside, twist heels to center, R hip bump, L hip bump

B[9-16] steps back, ½ turn sailor step, syncopated full turn

1-2 R step backward, L step backward
3&4 Cross R behind L, ¼ turn to right with L step close to R, ¼ turn to right with R step forward
5&6& L step forward, ¼ turn to left with R step to right side, ¼ turn to left and cross L over R, R step backward
7&8 Cross L over R, ¼ turn to left with R step backward, ¼ turn to left with L step forward

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