

# Mountain Dew

拍數: 32      牆數: 4      級數: Beginner  
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音樂: Mountain Dew - Hair of the Dog



## Intro - 24 Counts

### Section 1: Right Heel x 2. Left Heel x 2. Right Heel. Left Heel. Right Heel. Hold & Clap twice.

1-2            Touch right heel forward. Touch right heel forward.  
& 3-4        Step right beside left. Touch left heel forward. Touch left heel forward.  
&5&        Step left beside right. Touch right heel forward. Step right beside left.  
6&7        Touch left heel forward. Step left beside right. Touch right heel forward.  
&8            Hold & Clap. Clap.

### Section 2: Sailor Step. Sailor 1/4 Turn left. Forward Shuffle. Stomp. Kick.

1&2            Step right behind left. Step left to left side. Step right foot in place.  
3&4            Turn 1/4 left stepping left behind right. Step right to right side. Step left in place.  
5&6            Step forward on right. Close left beside right. step forward on right.  
7-8            Stomp left. Kick left forward.

### Section 3: Back Mambo. Forward Mambo. Tap. Unwind 1/2 left. Stomp. Hold & Clap Twice.

1&2            Rock back on left. Recover onto right. Step forward on left.  
3&4            Rock forward on right. Recover onto left. Step back on right.  
5-6            Tap left toes back. Unwind 1/2 left leaving weight on left.  
7&8            Stomp right. Hold & Clap. Clap.

### Section 4: Right Chasse 1/4 Turn right. Left Chasse 1/4 Turn right. Right Chasse. Kick Ball Touch.

1&2            Step right to right. Close left beside right. Turn 1/4 right stepping right forward.  
3&4            Step left to left. Close right beside left. Turn 1/4 right stepping back on left.  
5&6            Step right to right. Step left beside right. Step right to right.  
7&8            Kick left forward. Step left in place. Touch right beside left.

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