

Mountain Dew

拍數: 32 牆數: 4 級數: Beginner
編舞者: Micaela Svensson Erlandsson (SWE) - October 2015
音樂: Mountain Dew - Hair of the Dog



Intro - 24 Counts

Section 1: Right Heel x 2. Left Heel x 2. Right Heel. Left Heel. Right Heel. Hold & Clap twice.

1-2 Touch right heel forward. Touch right heel forward.
& 3-4 Step right beside left. Touch left heel forward. Touch left heel forward.
&5& Step left beside right. Touch right heel forward. Step right beside left.
6&7 Touch left heel forward. Step left beside right. Touch right heel forward.
&8 Hold & Clap. Clap.

Section 2: Sailor Step. Sailor 1/4 Turn left. Forward Shuffle. Stomp. Kick.

1&2 Step right behind left. Step left to left side. Step right foot in place.
3&4 Turn 1/4 left stepping left behind right. Step right to right side. Step left in place.
5&6 Step forward on right. Close left beside right. step forward on right.
7-8 Stomp left. Kick left forward.

Section 3: Back Mambo. Forward Mambo. Tap. Unwind 1/2 left. Stomp. Hold & Clap Twice.

1&2 Rock back on left. Recover onto right. Step forward on left.
3&4 Rock forward on right. Recover onto left. Step back on right.
5-6 Tap left toes back. Unwind 1/2 left leaving weight on left.
7&8 Stomp right. Hold & Clap. Clap.

Section 4: Right Chasse 1/4 Turn right. Left Chasse 1/4 Turn right. Right Chasse. Kick Ball Touch.

1&2 Step right to right. Close left beside right. Turn 1/4 right stepping right forward.
3&4 Step left to left. Close right beside left. Turn 1/4 right stepping back on left.
5&6 Step right to right. Step left beside right. Step right to right.
7&8 Kick left forward. Step left in place. Touch right beside left.
