

If You Believe

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Sally Hung (TW) - December 2015
音樂: If You Believe - Sasha



Sequence Of Dance:

After Finishing S6 Of Wall 2, Restart Facing 12:00

After Finishing S2 Of Wall 5, Restart Facing 3:00

Wall 6 Is The Last Wall, Only Dance To S7

Intro: 32 Counts

S1. CROSS BACK ROCK, RECOVER, SIDE CHASSE, CROSS ROCK, RECOVER, SIDE CHASSE

1,2,3&4 Cross rock R behind L, recover onto L, step R to R side, close L next to R, step R to R

5,6,7&8 Cross rock L over R, recover onto R, step L to L side, close R next to L, step L to L

S2. CROSS ROCK, RECOVER, CHASSE ¼ TURN, STEP, ½ PIVOT TURN R, FWD SHUFFLE

1,2,3&4 Cross rock R over L, recover onto L, step R to R side, close L next to R, make ¼ turning R stepping R fwd

5,6,7&8 Step fwd on L, ½ pivot turn R, fwd shuffle on LRL

S3. WALK BACK R-L, BACK LOCK STEP, WALK BACK L-R, COASTER STEP

1,2,3&4 Walk back on R, walk back on L, step back on R, lock step L in front of R, step back on R

5,6,7&8 Walk back on L, walk back on R, step back on L, close R next to L, step fwd on L

S4. SKATE, SKATE, FWD SHUFFLE, ½ TURN R WITH L BACK SHUFFLE, BACK ROCK, RECOVER

1,2,3&4 Skate R, skate L, fwd shuffle on RLR

5,6,7&8 Make ½ turn R stepping back L, step R next to L, step back L, rock back on R, recover on L

S5. R SIDE, TOGETHER, SHUFFLE FWD, L SIDE, TOGETHER, COASTER STEP

1,2,3&4 Step R to R side, step L together, step R shuffle fwd

5,6,7&8 Step L to L side, step R together, step L backward, step R together, step L fwd

S6. SCISSOR STEP, SCISSOR STEP, STEP, PIVOT ¼ TURN L, STEP, PIVOT ¼ TURN L

1&2,3&4 Step R to side, step L together, cross R over L, step L to side, step R together, cross L over R

5,6,7,8 Step R fwd, pivot ¼ turn L, step R fwd, pivot ¼ turn L

S7. REPEAT S5

S8. REPEAT S6

Happy Dancing!

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