High Time

拍數: 32

級數: Beginner

編舞者: Yvonne Krause (USA) - November 2015

音樂: High Time - Kacey Musgraves

The dance starts right away. This step sheet is based on starting the dance after 32 counts.

- 1-2 Cross right over left, step back on left.
- 3-4 Step right to right side, cross left over right.
- 5-6 Step right to right side, step left behind right.
- 7-8 Step right to right side, cross left over right.

[9-16] TWO ¼ TURN MONTEREY STEPS

- 1-2 Touch right to right side. On ball of left make ¹/₄ turn right, stepping right beside left.
- 3-4 Touch left to left side, step left beside right.
- 5-6 Touch right to right side. On ball of left make ¹/₄ turn right, stepping right beside left.
- 7-8 Touch left to left side, step left beside right.

[17-24] □ROCK FORWARD RECOVER STEP BACK, HOLD, ROCK BACK RECOVER STEP FORWARD, HOLD

- 1-4 Rock forward on right, recover on left, step back on right, hold.
- 5-8 Step back on left, recover on right, step forward on left, hold.

[25-32] STEP LOCK STEP, HOLD, PIVOT ½ RIGHT, STEP FORWARD

- 1-4 Step forward on right, step left behind right, step forward right, hold.
- 5-8 Step forward on left, pivot ½ turn right, step forward left, hold.

TAG: There is an easy 4-count Tag that comes toward the end of the dance.

The music slows way down and she stops singing for the four counts. Just sway R,L,R,L.

May You Always Dance Like No One Is Watching

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牆數:1