

She Forget

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 4 級數: Novice
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音樂: Sometimes She Forgets - Travis Tritt : (iTunes)



Dance starts after 16 counts (on vocals)

S1: HIP LEFT, HIP RIGHT, HIP 2X LEFT, SIDE, CLOSE, SIDE SHUFFLE

1,2,3&4 Push hip left, Push hip right, Push hip left 2X
5,6,7&8 RFstep side, LF close, RF step side, LF close, RF step side

S2: CROSS ROCK STEP, SIDE SHUFFLE, CROSS ROCK STEP, SHUFFLE ¼ TURN RIGHT

1,2 LF rock cross over RF, RF weight back on RF
3&4 LF step to the left side, RF close to LF, LF step to the left side
5,6 RF rock cross over LF, LF weight back on LF
7&8 RF step to the right side, LF close to RF, ¼ turn right & RF step to the right side

S3: ROCK STEP, LOCK STEP BACK, ¼ TURN RIGHT & TOUCH, & CROSS OVER, HOLD

1,2 LF rock forward, RF weight back on RF
3&4 LF step backward, RF cross over LF, LF step backward
&5,6 ¼ turn right & RF step side, LF touch to the left side, Hold
&7,8 LF step on LF, RF cross over LF, hold

S4: & CROSS ROCK STEP, SIDE SHUFFLE, CROSS ROCK STEP, SHUFFLE ¼ TURN LEFT

&1,2 LF step a little to the left side, RF cross rock over LF, LF weight back on LF
3&4 RF step to the right side, LF close to RF, RF step to the right side
5-6 LF rock cross over RF, RF weight back on RF
7&8 LF step to the left side, RF close to LF, ¼ turn left & LF step forward

Tag/Restart in wall 3 CHANGE COUNT 7-8 IN WALK WALK (DELETE & COUNT)

S5: STEP, TOUCH SIDE, STEP TOUCH SIDE, ROCKING CHAIR (OR 2X ½ PIVOT)

1,2 RF step forward, LF touch to the left side
3,4 LF step forward, RF touch to the right side
5,6 RF rock forward, LF weight back on LF (option Pivot ½ left)
7,8 RF rock backward, LF weight back on LF (option Pivot ½ left)

S6: ROCK STEP, STEP BACK, STEP OUT, STEP OUT, HIP RIGHT, HIP LEFT, HIP 2X RIGHT

1,2 RF rock forward, LF weight back on LF
&3,4 RF step backward, LF step out, RF step out
5,6,7,8 Push hip right, Push hip left, Push hip right 2X

Restart/Tag in wall 3 after 32 counts

CHANGE COUNT 7&8 INTO:

7 ¼ TURN LEFT & LF WALK FORWARD
8 RF WALK FORWARD

Have fun!

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