# I Love This Life



拍數: 32 牆數: 4 級數: Improver

編舞者: Donna Manning (USA) - November 2015

音樂: I Love This Life - LOCASH



#### TAG: 1- 6 count Tag (yes, 6 counts) after wall 8 Facing 12:00

#### #16 count intro

#### Sec.1 (1-8) R Heel Grind, L 1/4 Turn Heel Grind, Back Rock, Recover, Step, Scuff, Hitch

1-2, & 3-4 Push off R heel fwrd starting with toes turned to inside and turning to outside as you push off R heel taking weight back to L (like you are squishing a bug), bring R back to center, place L heel fwrd with toes to inside – as you turn toes to the L turn ¼ to the L on the heel of L, take weight back to R as you face 9:00.

weight back to it as you lace 9.00.

5,6, 7&8 Rock back on L, recover to R, Step L fwrd, Scuff R heel fwrd, hitch R (you can add a little

scootch to add attitude leaving R hip fwrd) $\square$ (9:00)

#### Sec.2 (9-16) ☐ Heel Taps – 2 R/ 2 L, Rock, Recover, Back Triple

1-2, &3-4 Tap R heel fwrd 2 X, step down on R, tap L heel fwrd 2X

&5-6, 7&8 Bring L back to center, Rock R fwrd, recover to L, step R back, bring L to R, step R back

(9:00)

## Sec.3 (17-24)□L Back K-Step

1,2,3,4 Step L to back diagonal, touch R next to L, step R to fwrd diagonal, touch L next to R
5,6,7,8 Step L to fwrd diagonal, touch R next to L, step R to back diagonal, touch L next to R (9:00)

# Sec.4 (25-32) □ 2 Heel Jacks, & Step, Step, ½ Turn, Stomp, Swivet, Hitch

&1&2&3 Step L back, touch R heel fwrd, step R to center, touch L next to R, step L back, touch R heel

fwrd

&4, 5-6 Step R to center, step L fwrd, step R fwrd, ½ turn to L taking weight to L

7&8& Stomp R to center placing weight on ball of L and heel of R, turn unweighted parts (L heel &

R toes) To the R, bring back to center taking weight to L, very small hitch with R - ready to

begin again (3:00)

## 

1-2, &3-4 Cross rock R over L, recover to L, bring R to center, cross rock L over R, recover to R

&5, 6 Bring L to center, walk R-L

# **HAVE FUN!**

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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