

Send My Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Maryloo (FR) - December 2015
音樂: Send My Love by Adele



Intro : 16 counts

Section 1 – DOROTHY STEPS FORWARD (R.L.R.L.)

- 1- 2 & Step R forward to R diagonal. lock L behind R, step R forward to R diagonal.
- 3- 4 & Step L forward to L diagonal. lock R behind L, step L forward to L diagonal.
- 5- 6 & Step R forward to R diagonal. lock L behind R, step R forward to R diagonal.
- 7- 8 & Step L forward to L diagonal. lock R behind L, step L forward to L diagonal.

Section 2 – MAMBO FORWARD, SWEEP L, LOCK STEP BACK L, SWEEP R, LOCK STEP BACK L, SWEEP L, BEHIND, SIDE, CROSS, STEP R SIDE

- 1&2 Rock forward on R, recover on L, step R back sweeping L from front to back
- 3&4 Step L back, lock R over L, step L back sweeping R from front to back
- 5&6 Step R back, lock L over L, step R back sweeping L from front to back
- 7&8& Step L behind R, step R to side, step L over R, step R to side

Section 3 - SYNCOPATED CROSS ROCKS (3X), SAILOR ½ TURN L,

- 1-2& Cross /rock L over R, recover on R, step L to side
- 3-4& Cross/rock R over L, recover on L, step R to side
- 5- 6 Cross /rock L over R, recover on R
- 7&8 Step L behind R, ¼ turn L stepping R to side, ¼ turn L stepping L forward (6.00)

RESTART here on the 3th wall (12.00)

Section 4 – SWAYS (R.L.), SHUFFLE R SIDE, SYNCOPATED JAZZ BOX CROSS, PIVOT ¼ TURN L

- 1-2 Rock R side and sway R, recover to L and sway L
- 3&4 Step R to side, step L next to R, step R to side
- 5-6&7 Cross L over R, step R back, step L to side, cross R over L
- 8 Pivot ¼ turn L on the two balls (weight ending on L) (3.00)

RESTART : On the 3th wall which begins at 6 o'clock, Restart after 24 counts (12.00)

NOTE : At the end of the 7th wall, the music stops one moment: continue the dance normally □

ENDING : At the end, you are facing 6 o'clock. You make a Unwind ½ turn to L to finish facing 12 o'clock