

Evergreen (長青樹) (zh)

COPPER KNOB
BY STEPHEN METZ

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Karen Hadley (UK)
音樂: Evergreen - Will Young : (CD: CD Single / CD: From Now On)



- 第一段** **RIGHT SIDE ROCK, CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, CROSS**
RIGHT SIDE ROCK, CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, CROSS
右側下沉, 交叉, 右轉1/4, 右轉1/4, 交叉
右側下沉, 交叉, 右轉1/4, 右轉1/4, 交叉
- 1&2 Rock right to right side, rock weight back onto left, cross step right over left Finish facing 6:00
右足右下沉, 左足後回復, 右足於左足前交叉踏(面向6點鐘)
- 3& Turn ¼ turn right stepping back on left, ¼ turn right stepping right to right side 右轉90度左足後踏, 右
轉90度右足右踏
- 4 Cross step left over right 左足於右足前交叉踏
- 5&6 Rock right to right side, rock weight back onto left, cross step right over left 右足右下沉, 左足後回復, 右
足於左足前交叉踏
- 7& Turn ¼ turn right stepping back on left, ¼ turn right stepping right to right side 右轉90度左足後踏, 右
轉90度右足右踏
- 8 Cross step left over right Finish facing 12:00
左足於右足前交叉踏(面向12點鐘)
- 第二段** **RIGHT SIDE ROCK, CROSS, SIDE, BEHIND, ¼ TURN LEFT, RONDE, CROSS TWINKLES** 右側下沉,
交叉, 側, 後, 左轉1/4, 繞, 交叉華士步
- 9&10 Rock right to right side, rock weight back onto left, cross step right over left 右足右下沉, 左足後回復, 右
足於左足前交叉踏
- 11& Step left to left side, cross step right behind left
左足左踏, 右足於左足後交叉踏
- 12& Step left ¼ turn left, sweep right to right side and across front
左轉90度左足踏, 右足右繞於左足前
- 13&14 Cross step right over left, step left diagonally back left, step right diagonally back right
右足於左足前交叉踏, 左足後斜角踏, 右足後斜角踏
- 15&16 Cross step left over right, step right diagonally back right, step left diagonally back left Finish facing
9:00
左足於右足前交叉踏, 右足後斜角踏, 左足後斜角踏(面向9點鐘)
- TAG : After count 16 of wall 5 第五面牆加16拍
- 1-2 Cross right toe over left, unwind ¾ turn left
右足趾於左足前交叉點, 左繞轉270度
- 第三段** **CROSS, SIDE, BEHIND, ¼ TURN, ROCK ¼ TURN, SIDE, CROSS ROCK, SIDE, BACK ROCK, SIDE**
交叉, 側, 後, 轉¼, 下沉轉¼, 側, 交叉下沉, 側, 後下沉, 側
- 17&18 Cross step right over left, step left to left side, cross step right behind left 右足於左足前交叉踏, 左足左
踏, 右足於左足後交叉踏
- 19&20 Step left ¼ turn left, rock back onto right making ¼ left, step left to left side 左轉90度左足踏, 左轉90度右
足後下沉, 左足左踏
- 21&22 Cross rock right over left, rock back onto left, large step right to right side 右足於左足前交叉踏, 左足後
下沉, 右足右一大步
- 23&24 Cross rock left behind right, rock forward onto right, large step left to left side Finish facing 3:00
左足於右足前交叉下沉, 右足前下沉, 左足左一大步(面向3點鐘)
- 第四段** **CROSS ROCK, ¼ TURN, STEP, ½ TURN, ½ TURN, BACK DRAG, BACK DRAG, COASTER CROSS**
交叉下沉, 轉1/4, 踏, 轉1/2, 轉1/2, 後拖併, 後拖併, 海岸交叉

- 25&26 Cross rock right over left, rock back onto left, step right ¼ turn right 右足於左足前交叉踏, 左足後下沉, 右轉90度右足踏
- 27&28 Step forward on left, pivot ½ turn right, pivot ½ right stepping back on left 左足前踏, 右轉180度, 右轉180度左足後踏
- 29 Step back on right (sliding foot back) 右足滑後踏
- 30 Step back on left (sliding foot back) 左足滑後踏
- 31&32 Step back on right, step left beside right, cross step right over left Finish facing 6:00
右足後踏, 左足併踏, 右足於左足前交叉踏(面向6點鐘)

第五段 SWAY LEFT, SWAY RIGHT, SIDE, DRAG TOUCH, TWO FULL TURNS TO SIDE, SIDE, CLOSE 左擺臀, 右擺臀, 側, 拖併點, 二次側轉圈-側併

- 33-34 Step left to left side swaying to hips to left, sway hips to right (weight on right) 左足左踏左擺臀, 右擺臀(重心在右足)
- 35-36 Large step to left, slide right to touch beside left
左足左一大步, 右足滑併點
- 37& Step right ¼ turn right, ¾ turn right closing left beside right
右轉90度右足踏, 右轉270度左足併踏
- 38& Step right ¼ turn right, ¾ turn right closing left beside right
右轉90度右足踏, 右轉270度左足併踏
- 37&38& weave right side, behind, side, cross over
選擇版 右藤步-側, 後, 側, 交叉
- 39-40 Step right to right side, slide left to close beside right
Finish facing 6:00
右足右踏, 左足滑併踏(面向6點鐘)
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