

# Up In Flames

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Advanced  
編舞者: Maggie Gallagher (UK) - November 2015  
音樂: Up In Flames - Lawson : (amazon)



Intro: □32 count (start on vocals)

## S1: SIDE, ROCK BACK, SIDE, ¼ R SAILOR, WALK, ½ L, BACK LOCK STEP

1,2&3      Step right to right side, Cross rock back on left, Recover on right, Step left to left side  
4&5      ¼ right crossing right behind left, Step left to left side, Step forward right [3:00]  
6-7      Walk forward left, ½ left stepping back on right [9:00]  
8&1      Step back on left, Cross right over left, Step back on left

## S2: & CROSS, SIDE TOGETHER FORWARD, ⅛ L, ⅛ L, ½ L LOCK

&2      Small step right to right side, Cross left over right  
3&4      Step right to right side, Step left next to right, Step forward on right  
5-6      ⅛ left walking on left, ⅛ left walking on right, [6:00]  
7&8      ¼ left stepping forward on left, Lock right behind left, ¼ left stepping forward on left [12:00]  
\*Restart

## S3: CROSS ROCK, ¼, WALK, ½ L, ½ L, WALK, L MAMBO

1-2&3      Cross rock right over left, Recover on left, ¼ right stepping forward right, Walk forward left [3:00]  
4-6      ½ left stepping back on right, ½ left stepping forward left, Walk forward right [3:00]  
7&8      Step forward on left, Step right in place, Step slightly back on left

## S4: REVERSE ROCKING CHAIR, BACK RIGHT, L COASTER, STEP HITCH CROSS

1&2&      Rock back on right, Recover on left, Rock forward right, Recover on left  
3,4&5      Step back on right, Step back on left, Step right next to left, Step forward on left  
6-8      Cross right slightly over left, Ronde hitch left - rising up on ball of right, Cross left over right  
\*\*Tag/Restart

## S5: SIDE, L CROSS SHUFFLE, SIDE ROCK CROSS, L CHASSE, ROCK BACK SIDE

1,2&3      Step right to right side, Cross left over right, Step right to right side, Cross left over right  
4&5      Rock right to right side, Recover on left, Cross right over left  
6&7      Step left to left side, Step right next to left, Step left to left side  
8&1      Rock back on right, Recover on left, Step right to right side

## S6: ¾ L TURN, WALK, L SAMBA, R SAMBA

2&3,4      ¾ left turn stepping left, right, left, Walk forward right [6:00]  
5&6      Cross left over right, Rock right to right side, Recover on left  
7&8      Cross right over left, Rock left to left side, Recover on right

## S7: ROCK FORWARD, ½ L, ½ L, BACK LOCK STEP & WALK L, WALK R

1-2      Rock forward left, Recover on right  
3-4      ½ left stepping forward left, ½ left stepping back on right [6:00]  
5&6      Step back on left, Cross right over left, Step back on left  
&7,8      Step right next to left, Walk forward left, Walk forward right

## S8: TOUCH & HEEL & CROSS & HEEL & CROSS ROCK SIDE, CROSS ROCK SIDE

1&2&      Touch left next to right, Step back on left, Tap right heel on right diagonal, Step right next to left  
3&4&      Cross left over right, Step back on right, Tap left heel to left diagonal, Step left next to right

5,6&            Cross rock right over left, Recover on left, Step right to right side  
7,8&            Cross rock left over right, Recover on right, Step left to left side

**RESTART:** □Wall 2 after 16 counts [6:00]

**\*\*TAG/ RESTART: Wall 4: After 32 counts [facing 3:00] Add 4 count TAG, then RESTART the dance [6:00]**

**TAG: SIDE ROCK, ¼ ROCK**

1,2            Rock right to right side, Recover on left

3,4            ¼ right rocking right to right side, Recover on left

**ENDING: At the end of Wall 5 facing 12:00, step on ball of right, raising left knee & arms and rise 'Up in Flames'**

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