

The Lambeth Walk

拍數: 16 牆數: 2 級數: Newcomer
編舞者: David Linger (FR) - November 2015
音樂: Le Lambeth walk - Dalida : (Album: 15 ans déjà, ses grands succès, track 3)



Alt. music: "The Lambeth Walk" by Dalida – 96 BPM - Album "The Glamorous Dalida", track 2

Start of dance : after 4x8 counts, on the lyrics when she shouts the word « Hey » at 19 seconds...

Cross, Back, Side Triple, Cross, Back, Side Triple Step with ¼ Turn Left

- 1 – 2 Cross Rf (lock) over Lf, step back on Lf
- 3 & 4 Triple step (R-L-R) to right side
- 5 – 6 Cross Lf (lock) over Rf, step back on Rf
- 7 & 8 Step Lf to left side, Rf beside Lf, make a ¼ turn L (9:00) and step Lf forward

Charleston Steps with Sweep

- 1 Point Rf forward with R sweep back to front
- 2 Step Rf backward with R sweep front to back
- 3 Point Lf backward with L sweep front to back
- 4 Step Lf forward with L sweep back to front

Walks with Sweep, ¼ Turn Left with option

- 5 Step Rf forward with R sweep back to front
- 6 Step Lf forward with L sweep back to front
- 7 Step Rf forward with R sweep back to front
- 8 Make a ¼ turn L (6:00) and weight on Lf

Variation : You can do a side flick before each step. Counts become : & 5 & 6 & 7

- & Side R flick (touch R hand to Rf)
- 5 Step Rf forward
- & L flick (touch L hand to Lf)
- 6 Step Lf forward
- & Side R flick (touch R hand to Rf)
- 7 Step Rf forward

Option : On the last count of the dance, when Dalida shouts « Hey, make a ¼ turn L by keeping the weight on R and bring Lf next to Rf while making a R kick to right side followed by a R sweep forward to restart the dance.

Short Story of The Lambeth Walk :

This dance was born in 1936 in England and knew a certain popularity. She owes her name to Lambeth Walk, a street of a district from Lambeth to London.

You can see The Lambeth Walk in the musical "Me and My Girl" : <https://youtu.be/Mc6XUus5IC4>.
In 1938, Ray Ventura and his schoolchildren adapt a French song : <https://youtu.be/WNo7IKm9LwU>.

*40 years later, Dalida updates her in memory of her mother who sang this small English tune at home when she and her brothers were children.

In 2015, David Linger adds his personal touch and invites you to go back in the 30's !!!

BE COOL, SMILE & HAVE FUN !!!

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