Nobody to Blame But Me

級數: Improver

編舞者: Bobbey Willson (USA) - November 2015

牆數: 4

音樂: Nobody To Blame - Chris Stapleton

Intro 12 beats, Begin at 13 with Lyrics

拍數: 32

Step L Stomp R & lift R Coaster, Shuffle fwd LRL Chase Turn 1/2left

- 1 2&3&4 Step L firmly down, Stomp R down (clap), Lift R, Step R back, Step L to R, Step R fwd
- 5&6 7&8 Step L fwd, Step R to L, Step L fwd, Step R fwd, Turn 1/2 left and step L, Step R fwd

Shuffle fwd LRL, R-Kick-Ball-Heel and, Heel Switches RLR Hold/Clap 2x

- 1&2 Step L fwd, Step R to L, Step L fwd
- 3&4& Kick R fwd, Step on ball of R, Set L heel fwd, Step L to R
- 5&6& Set R heel fwd, Step R to L, Set L heel fwd, Step L to R
- 7 8 Set R heel fwd, Hold and clap twice

R Rock-back Rec(&R Scuff) Cross-Shuffle RLR, Side-Rock left Rec Turns right 1/2 & 1/2

- 1 2 Rock R back, Recover on L and scuff R
- 3&4 Cross R over L, Step L behind R, Cross R over L
- 5 6 Rock L to left, Recover on R
- 7 8 Turn 1/2 right and step L to left, Turn 1/2 right and step R to right

Side-Rock left Recover Triple left LRL, R over Jazzbox modified

- 1 2 3&4 Rock L to left, Recover on R, Turning 1/4 left step LRL
- 5 6 7&8 Cross R over L, Step L back, Step R back, step L to R, Step R fwd

Tag: 10 Count Tag after Wall 4 (instrumental)

L Stomp R Stomp Shuffle-back LRL, Rock-back Rec Shuffle fwd RLR, L Rock-back Rec

- 1 2 3&4 Stomp L, Stomp R, Step L back, Step R to L, Step L back (clap on stomps, whenever!)
- 5 6 7&8 Rock R back. Recover on L, Step R fwd, Step L to R, Step R fwd
- 1 2 Rock L back, Recover on R

No other Deviations - Enjoy the dance!

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