

Ting Ting

拍數: 32 牆數: 4 級數: Improver
編舞者: Pat Stott (UK) - November 2015
音樂: Glitter & Gold - Barns Courtney



Commence after 32 counts (approx 21 seconds)

Heel strut, heel strut, rocking chair, heel strut, heel strut, step, 1/2 pivot left, step

1&2& Right heel forward, lower toes, left heel forward, lower toes
3&4&. Rock forward on right, recover on left, rock back on right, recover on left
5&6&. Right heel forward, lower toes, left heel forward, lower toes
7&8. Forward on right, 1/2 pivot left transferring weight to left, forward on right

Step, lock, step, step, lock, step, step, tap, tap, big step to right sliding left halfway, heel, toe, heel (changing weight onto left on beat 8)

1&2. Diagonally forward on left to left diagonal, lock right behind left, diagonally forward on left
&3&4. Diagonally forward on right to right diagonal, lock left behind right, diagonally forward on right, step left to left
5&. Tap right next to left x 2
6. Large step to right sliding left toe half way towards right

(optional - lean to the left with arms out to sides as you slide the left towards the right then straighten up on the following steps)

7&8. Bringing left to right - heel, toe, heel (weight change to left on beat 8)

Side, tap, out, in, heel forward, touch in front, dig heel forward x 2, side touch behind, side, touch behind, vine left with 1/4 turn left

1&2&. Step right to right, tap left next to right, touch left toe to left side, tap left toe next to right
3&. Dig left heel, diagonally forward, touch left toe across and in front of right
4&. Dig left heel diagonally forward x2
5&6&. Step left to left, tap right toe behind left, step right to right, tap left behind right
7&8. Step left to left, cross right behind left, turn 1/4 left stepping forward on left

Forward, rock, side, rock, sailor 1/4 turn right, forward rock, side rock, sailor 1/4 turn left

1&2&. Rock forward on right, recover on left, rock right to right, recover on left
3&4. Sweep right behind left stepping onto right, turn 1/4 right stepping left to left, step in place on right
5&6&. Rock forward on left, recover on right, rock left to left, recover on right
7&8. Sweep left behind right stepping onto left, turn 1/4 left stepping right to right, step in place on left

Tag : End of wall 5 facing 3 o'clock

1-6. Walk round in a full circle to right r-l-r-l-r-l (Commence the dance again)

Ending : Finishes at the front at the end of section 2