High Gloss



編舞者: Honky Tonk Cliff (UK) - November 2015

音樂: Fresh Coat of Paint - Lee Roy Parnell: (CD: On the Road)



Also download on iTunes

#32 Count Intro

A[1-8] Walk, Walk, Kick Ball Step, Cross Shuffle, Back, Back.

1-2	Step forward	on right.	Step	forward on left
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3&4 Kick right, Step on the ball of right, Step forward on left.5&6 Cross right over left, Step left to side, Cross right over left .

7-8 Step back on left, Step back on right

B[1-8] Cross Shuffle, Back, Back, Cross Shuffle, Kick Ball Step .

1&2 Cro	oss left over	right. Step	riaht to side.	, Cross left over right	
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3-4 Step back on right, Step back on left.

Cross right over left, Step left to side, Cross right over left.

7&8 Kick left, Step on the ball of left, Step forward on right.

TAG 1: HERE ON WALLS 3 ON FRONT WALL AND 7 ON BACK WALL STEP ONTO LEFT ON THE AND COUNT AT SIDE OF RIGHT AND RESTART.

C[1-8] Dorothy Step x 2, Heal and Cross x 2.

1-2&	Step to left angle on left, Lock right behind, Step left to side.
3-4&	Step to right angle on right, Lock left behind, Step right to side.
5&6	Dig left heal, Step on the ball of left, Cross right over left.
7&8	Dig left heal, Step on the ball of left, Cross right over left.

D[1-8] Side Rock, 1/4 Recover, Shuffle Forward, Hinge 1/2 Turn, Kick Ball Step.

1-2 Rock left to left side, 1/4 turn recover onto right.

3&4 Step forward on left, Close right at side, Step forward on left.5-6 1/4 turn stepping back on right, 1/4 turn stepping left to left side.

7&8 Kick right, Step on the ball of right, Step forward on left.

TAG 2: AT THE END OF WALL 8 RIGHT ROCKING CHAIR.

WALL 11 ONLY 8 COUNTS AS YOU WALK BACK AT THE FRONT OPEN ARMS ON LAST STEP.

Enjoy see you on a floor soon