

Two Hearts

拍數: 64 牆數: 2 級數: Improver
編舞者: Laura Sway (UK) - November 2015
音樂: Two Hearts - Phil Collins



Count in: 32

[1-8] Step R to R side, Touch, Step L to L side, touch(hands above head waving side to side), weave R.

1234 step right to right side, touch left beside right, step left to left side, touch right beside left.
5678 step right to right side, step left behind right, step right to right side, step left across right.

[9-16] Rumba box forward, hold, Rumba box back, hold.

1234 step right to right side, step left to right, step forward on the right, Hold
5678 step left to left side, step right to left, step back on the left, Hold

[17-24] R lock Step back, kick, left coaster step, kick.

1234 step back on the right, step left across right, step back on the right, kick left forward.
5678 step back on the left, step right to left, step forward on the left, kick right forward.

[25-32] Toe strut jazz ¼ R, step, clap (3.00)

1-8 touch right toe across left, heel down, touch Left toes back, heel down, touch right toes to right side making ¼ right, heel down, step left beside right, clap. (3.00)

[33-40] Step R forward to R diagonal, step together, x2 heel bounces,

1234 step right to right diagonal, step left to right, bounce both heels x2
5678 repeat to the left.

[41-48] step back, touch x4 with claps.

1-8 step Right back to Right diagonal, touch Left beside right with a clap. Step left back to left diagonal, touch right beside left with a clap. Repeat both sides again.

[49-56] R side toe strut, L crossing toe strut, stomp, hold, rock L back, recover.

1234 touch right toes to right side, put right heel Down transferring weight, touch left toes across right, put left heel down transferring weight onto left.
5678 stomp right foot to right side, hold, rock back on the left, recover weight onto right.

[57-64] Rock L to L side, recover ¼ R, step forward L, hold, R rocking chair forward & back.

1234 Rock left to left side, recover weight onto right making ¼ right (6.00) step forward on the left, hold.
5678 rock forward on the right, recover weight onto left, rock back on the right, recover weight onto left

Start again :-)

Tag – end of wall 4. – x2 pivot ½ turn left.

1-8 step forward on the right, hold, pivot ½ turn left, hold. X2

Last Update – 30th Nov. 2015