Take My Time



拍數: 32 牆數: 4 級數: Improver

編舞者: Pamela Lashley (BRB) - November 2015

音樂: Just Fine - Mary J. Blige



Intro – 32 counts□□□□

Section 1: SHUFFLE FORWARD ON RIGHT, ROCK FORWARD ON LEFT, RECOVER ON RIGHT, SHUFFLE BACK ON LEFT, ROCK BACK ON RIGHT RECOVER ON LEFT

1&2 RT forward LT next to Right, RT forward
3 - 4 Rock forward on LT, recover on RT
5&6 LT back RT next to Left, LT back
7 - 8 Rock back on RT, recover on LT

Section 2: SHUFFLE FORWARD ON RIGHT, STEP FORWARD ON LEFT MAKE ½ TURN (turning RT) SHUFFLE FORWARD ON LEFT SIDE ROCK ON RIGHT RECOVER ON LEFT

1&2 RT forward LT next to Right, RT forward

3 – 4 Step LT forward make ½ turn (turning right side)

5&6 LT forward RT next Left, LT forward7-8 Side step and rock to RT recover on LT

Section 3: RIGHT HEEL DIG, REPLACE RIGHT, LEFT HEEL DIG, REPLACE LEFT, RIGHT HEEL DIG, HOOK, DIG TAP RIGHT NEXT TO LEFT

1 -2 RT heel dig replace RT next to LT3-4 LT heel dig replace LT next to RT

5,6,7,8 RT heel dig, hook RT across LT, RT heel dig then tap RT next to LT

Section 4: POINT RT FORWARD, THEN RT TO SIDE, RT SAILOR STEP, POINT LT FORWARD, THEN LT SIDE, THEN LT SAILOR TURN

1-2 Point RT forward, then to RT to side

3&4 Cross RT behind LT, step LT to LT, then RT to RT

5-6 Point LT forward, then to LT side

7&8 Cross LT behind RT, Step & turn ¼ to Left on RT, step forward on LT

No Tags, No Restarts - Enjoy

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