

Cowboys Like A Little Rock N Roll

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Sonja Hemmes (USA) - November 2015
音樂: Cowboys Like a Little Rock and Roll - Charlie Daniels & Chris LeDoux



Start after Introduction on Lyrics, Even Cowboys Like a Little Rock n Roll

S1: RIGHT ROCK & CROSS, HOLD, LEFT ROCK & CROSS, HOLD

1-4 Right foot rock to right side, recover on left, cross right foot over left, hold
5-8 Left foot rock to left side, recover on right, cross left foot over right, hold

S2: SIDE, TOGETHER, SIDE, SCUFF, CROSS ROCK, SIDE STEP LEFT, HOLD

1-4 Step right to right side, step left beside right, step right to right side, scuff left across right
5-8 Step left over right, rock back on right step left to left side, hold

S3: SAILOR ¼ RIGHT, LEFT LOCK FORWARD, HOLD

1-4 Swing right foot ¼ right, step left forward, step right forward, hold
5-8 Step left foot forward, right foot behind left, left foot forward, hold

S4: RIGHT HEEL, HOOK, HEEL, HOLD, RIGHT TOE STRUT BACK, LEFT TOE STRUT BACK

1-4 Tap right heel forward, heel hook in front of left, tap right heel forward, hold
5-8 Step back on right toe, drop right heel, step back on left toe, drop left heel

S5: BACK ROCK HALF TURN, SWEEP, BACK ROCK, FORWARD

1-2 Rock right back, recover on left
3-4 Half turn left and step back on right, sweep left from front to back
5-6 Step left back, recover on right
7-8 Step left forward, hold

S6: RIGHT LOCK STEP FORWARD, BRUSH, LEFT LOCK STEP FORWARD, BRUSH

1-4 Step right foot forward, lock left foot behind right, step right foot forward, brush left foot forward
5-8 Step left foot forward, lock right foot behind left, step left foot forward, brush right foot forward

S7: FWD RIGHT, TURN ½ LEFT, FWD RIGHT, HOLD, FWD LEFT, TURN ½ RIGHT, FWD LEFT, HOLD

1-4 Step forward on right, turn ½ left stepping forward on left, step forward right, hold
5-8 Step forward on left, turn ½ right stepping forward on right, step forward left, hold

S8: RIGHT ROCK FORWARD, RIGHT ROCK BACK (X2)

1-2 Rock forward on right, return weight on left
3-4 Rock back on right, return weight on left
5-6 Rock forward on right, return weight on left
7-8 Rock back on right, return weight on left

TAG: After 16 counts in the 7th rotation facing the 6 o'clock wall, the music slows down, do 8 count step pivots to the left for a ½ wall turn to the 12 o'clock wall using lasso motions with you right hand then complete the dance repeating the first 16 counts